



FEBRUARY 2021

Winter Greetings from Sue



It is hard to imagine, but most of us can congratulate ourselves for managing the COVID-19 restrictions of 2020. We have welcomed a new year with the hopes of a safe return to our "normal" daily lives.

Hopefully we will be able to celebrate the **30th Anniversary of the LRTA** in-person towards the end of the year. The retired teachers of Langley were a part of the Surrey, Delta Associations up until 1991, when we formed a branch of our own. Many of our members will remember that significant time. The BCRTA is celebrating its' 75th Anniversary and their heritage committee has been working on different ways to acknowledge the milestone. There will be more information to follow on the endeavours to recognize these special anniversaries.

For those who have lost loved ones through these difficult months, we wish to express our heartfelt condolences and hope you can find comfort in the good memories that are undoubtedly present, but sometimes hard to focus on.

None of us would have predicted the significant adjustments we have had to make, with protective masks becoming a part of our daily attire. My freezer is stocked up, through boredom, with baking and meals that neither myself, nor my husband, should be eating. And my sewing machine has made a comeback with projects to help me not consume the aforementioned baking

With the promise of vaccinations on the horizon and, hopefully, a decrease in hospitalizations and deaths, perhaps we will see a return to in-person gatherings and a return to travelling outside of our community boundaries. We will try to keep you informed about the rollout of vaccinations as we receive any pertinent information.

The LRTA executive would like to thank everyone who participated in our "Cannabis 101" Zoom presentation on **January 26, 2021** with David Hutchinson. We had 42 participants and the feedback we received was great. Comments like "fantastic", "exceptional" "informative", and "helpful" were passed along to David, who wanted you to know he really enjoyed the opportunity to present his research and experience to us

Our next Zoom presentation has been organized by Heather Anderlini, and will be on "**Spring Planters**" - containers and baskets along with time for a Q & A. It will be on **Thursday, March 25th from 1:00 PM - 1:45 PM.** and our guest presenter will be Cara from **Port Kells Nursery**. We will be sending out the invitation at the end of February with a link for you to pre-register (limit of 50 participants). Keep watch in your emails for more information - hope you can join us.

On **May 18, 2021 at 11:00 AM**, we will be having our **Annual General Meeting** for all members via Zoom. At that time, we will need a motion to set our annual branch fees, and an opportunity to look at the current budget and financial statement that John has worked out for us. We are hoping to host a half-hour presentation of interest to our members with more information to follow.

Towards the **end of June**, we are hoping to have a presenter on "**Estate Planning**". Stay tuned for more information on our upcoming sessions.

Take care and continue to be safe -

Sue Mackenzie -- President LRTA
lrta.suem@gmail.com



Connie Jervis – A Teacher’s Courage

The remarkable story of Connie Jervis and the teachers of Langley was published in the Fall 2018 issue of PostScript Magazine and was first reported by [Tim Anderson](#) on July 11, 2018.

The BCRTA Heritage committee has been involved with the creation and placement of plaques to commemorate important moments in BC’s labour history. The story of 24 year-old Connie Jervis and her fellow teachers represents a landmark moment.

The Connie Jervis story has been documented in this short video by the Labour Heritage Centre and the Knowledge Network. The BCRTA is proud to have been a sponsor of this work.

Click on the link below (or copy and paste it into your browser) to watch the video.

<https://bcrt.ca/connie-jervis/>

To learn more about the work of the Labour Heritage Centre, visit their website

www.labourheritagecentre.ca.



MEMBERSHIP/BCRTA WEBSITE LIAISON REPORT -

~ Submitted by Maureen Wilson~

The Langley Branch of the BCRTA is one of the largest and most actively supported branches in the province. We would like to extend a warm welcome to our newest members.

Did You Know?



The premium paid towards medical coverage of your travel insurance plan may qualify for an income tax credit. Please contact a qualified tax advisor or the Canada Revenue Agency to determine eligibility.

Let's Go
~Submitted by Judy deVries

The last "Let's Go" adventure was on Mar. 11, 2020. The group enjoyed a tour of an historic site in New Westminster, a tasty visit to a sake brewery, as well as a broom-making shop on Granville Island, a delicious lunch overlooking English Bay, and a ride up a glass elevator to observe Vancouver from on high. The day was sunny and everyone was in good spirits.

Hopefully by this fall, another "Let's Go" adventure will be planned.

"Let's Go" uses a company named Enjoy the Journey to help plan and transport our group. This company has put out a 2021 catalogue of tours and trips. To order a catalogue or to book a trip, call (604) 630-2434. When booking a trip, let the company know you are a retired teacher as "Enjoy the Journey" donates 10% of the trip cost to R.R. Smith Memorial Fund Foundation in support of education.

SUNSHINE (and SHOWERS) REPORT

~Submitted by Jacquie Hollybow~



As your Sunshine person, I am available to send cards to members to recognize significant events, or if they are experiencing a serious illness themselves or have lost a family member. If you know of such a situation in the life of a Langley Retired Teachers' Association member you can notify me by phone: (604) 888-7020 or e-mail: jhollybow@hotmail.com or any of the executive and a card will be sent.

Sad News



For those who do not receive my e-mail notifications, you may not have heard about one of our colleagues, **OREST PYRCH**, who passed away peacefully in his sleep on Nov 28, 2020.



Langley Seniors In Action - <https://www.langleyseniorsinaction.ca/>- has provided links to a number of government resources that you may find helpful.



**Government
of Canada**

**Gouvernement
du Canada**

Programs and services for seniors

<https://www.canada.ca/en/employment-social-development/campaigns/seniors.html>

Disability tax credit (DTC)

https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html?utm_campaign=not-applicable&utm_medium=vanity-url&utm_source=canada-ca_disability-tax-credit#clm

RC4064 Disability-Related Information - 2020

<https://www.canada.ca/en/revenue-agency/services/forms-publications/publications/rc4064.html>

T2201 Disability Tax Credit Certificate

<https://www.canada.ca/en/revenue-agency/services/forms-publications/forms/t2201.html>

RC4065 Medical Expenses - 2020

<https://www.canada.ca/en/revenue-agency/services/forms-publications/publications/rc4065.html>

Lines 33099 and 33199 – Eligible medical expenses you can claim on your tax return

<https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/lines-33099-33199-eligible-medical-expenses-you-claim-on-your-tax-return.html>

For individual enquires (and to order forms), call: **1-800-959-8281**

DORSCIE PATERSON Celebrates Her 108th Birthday!

Our most senior LRTA member, Dorscie Paterson, turned 108 on Saturday, Jan. 25.

To read the full article, click on the following link:

<https://www.aldergrovestar.com/community/video-langleys-dorscie-paterson-celebrates-her-108th-birthday/>



Langley activist Dorscie Paterson celebrated her 108th birthday on Monday, Jan. 25 at the Cedar Hill long term care facility. Because of the pandemic, she remained inside, able to see, but not shake hands with visitors. (Dan Ferguson/Langley Advance Times)

RETIRED EDUCATORS' SCHOLARSHIP FUND



The Retired Educators' Scholarship Team will be donating 8 X \$800 scholarships, which will be given out this June 2021.

2020 has been a difficult year, and may be a difficult spring 2021 season, as well, to try and raise funds without any fund-raisers. We depend upon the kindness and generosity of those educators who have retired and would like to contribute to the scholarships that are awarded to Langley students who wish to have a career in education. If you would like to contribute directly, donations may be mailed to:

Langley School District Foundation
c/o Maureen Pepin
25323 12th Ave,
Aldergrove, BC
V4W 3N2

Please make cheques payable to 'Langley School District Foundation', include your email address for tax receipts as they are available only via email.

Call Maureen Pepin (856-8908) if you have any questions.

Cannabis 101 Follow-up



For those who wish further information on the medical use of cannabis, here are some resources that you may want to check out. They were mentioned by presenter, David Hutchinson, at the 'Cannabis 101' Zoom workshop which was held on January 26, 2021.

CCIC	Canadian Consortium for the Investigation of Cannabinoids https://ccic.net/
NICHE	National Institute for Cannabis Health and Education https://www.nichecanada.com
Arthritis Society	Arthritis Society of Canada https://arthritis.ca/treatment/medication/medical-cannabis
SCC	Society of Cannabis Clinicians https://wwwcannabisclinicians.org/
Project CBD	Project CBD https://www.projectcbd.org/
NCI	National Cancer Institute - USA https://tinyurl.com/yykk8d28
CCSA	Canadian Centre on Substance Use and Addiction https://ccsa.ca/

Books:

<i>Cannabis Pharmacy</i>	Michael Backes
<i>Smoke Signals</i>	Martin A. Lee
<i>Cannabis for Seniors</i>	Beverley A. Potter

Videos:

<i>The Scientist</i>	Professor Raphael Mechoulam https://tinyurl.com/y4msmm8u
<i>What is the Endocannabinoid System?</i>	https://tinyurl.com/y6n6ylhu

WE ARE LOOKING FOR...

The following people are paid-up members of our branch, but I have no current contact information for them (phone, address, e-mail). If you are in contact with any of the people below, please have them phone me at 604-916-0653 or contact me at lta.35@gmail.com at anytime.

You can also contact Sue Mackenzie, our LRTA president, at 604-882-3115.

Mike Angell
Beverly Johnson
Robert Power

Mary Bailey
Patricia Murphy

Jean Ryley
Mary Sopova



Join the BCRTA, and receive your first year FREE!!

The BCRTA has made it simple to register online! <https://bcrt.ca/online-application-form/>

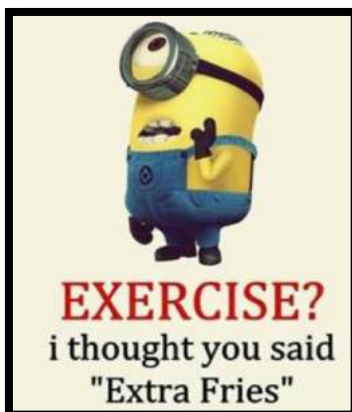
This offer is for anyone who has never joined the BCRTA, not only for new retirees. So, if you know a teacher who has retired in previous years, but has not yet joined the BCRTA, please let them know of this unique opportunity.



We are trying to be environmentally aware, as well as save on printing and mailing costs, by sending electronic copies of our newsletters, wherever possible. If we do not have your current e-mail address and you would like to be part of our 'green team' and receive your newsletter via e-mail, please let us know by e-mailing us at: lta.35@gmail.com

Thanks,

Maureen Wilson ~ editor of 'Open Road', the LRTA newsletter



Ending with a couple of chuckles,
compliments of the Minions.

Take care and stay safe!!

