



BCRTA

BC Retired Teachers' Association

Retirement

**Making Sense of your
Teachers' Pension, CPP,
OAS, and Health
Benefits in Retirement**

Making Sense of your Teachers' Pension, CPP, OAS, and Health Benefits in Retirement



Workshop Topics

- Salary Indemnity Premium
- Teachers' Pension Plan (TPP)
- Government Pensions:
CPP, OAS
- Government Health Benefits:
BC Medical Plan, Pharmacare
- Voluntary Group Benefits:
Extended Health, Dental, &
Travel Insurance



Important Advisory!

- This is general information, not financial advice.
- We give general examples only.
- Consult with a Certified Financial Planner (CFP) for your personal situation.
- The final word for current policies and rates comes from TPP, government, and so on.

Workshop Setup

- **SOUND UP!**
- If you have a challenge seeing/hearing check your sound levels and settings
- Please turn OFF your video and microphone
- Feel free to respond with applause or other ZOOM feedback – click participants tab, options at bottom.
- We will poll participants so watch your screen



Presentation slides, planning docs and updates:

bcрта.ca/workshop/upb

How to Find Us

Questions during or after?

Send an email to:

workshop@bcрта.ca

Our website: www.bcрта.ca



Ready?

Please Participate in Poll #1

How Long Until You Retire?

Exclusively for Retired Educators



BCRTA

BC Retired Teachers' Association



www.bcrta.ca

1st Year is Free!

Active teachers and deferred Teachers' Pension Plan members can join BCRTA.

Why Join BCRTA?

- Advocate for Public Health Care and Seniors
- Direct Involvement in Pension Plan
- *Direct Support and Assistance with Pension and Group Benefits issues*
- Insurance Services at Group Rates
- Education
- RR Smith Charitable Foundation
- Golden Star Awards
- *Postscript Magazine*

Why Join BCRTA?

- The BCRTA is able to help you find specific answers to your questions that other groups cannot answer



Direct Support and Assistance....

- Retirement Planning: when, where, how?
- Post Retirement: solutions and resources, networking
- Pension Information: COLA, payment dates
- Navigating claims, best coverage, contacts and updates
- Beneficiaries concerns and plans for spouses
- Moving and other considerations
- Tax tips and resources at tax time
- Compassionate help for family members, technology concerns

Why Join BCRTA? Advantage Program



DISCOUNTS ON
SERVICES





RR Smith

THE RR SMITH MEMORIAL FUND

is a separate body, founded by the BCRTA, working in philanthropy in Canada and around the world to support public education.

*Membership in the RR Smith Memorial Fund has a nominal **annual fee of \$5**. Your first year is free.*

Just check the box on the back of the BCRTA membership form.



YES, I want to also join the RR Smith Memorial Fund with no fee for the first year.

Financial Preparation



I. Rate Yourself — Are You Financially Ready

General Retirement (Section Numbers in column 4 refer to Sections of the Complete Booklet/ page numbers of the booklet appear in column 1 below.)		Yes	No or Don't Know	If No see Section	If Yes Dollar Amount \$\$\$
1	I know how much income I will need each month during retirement. pp 10, 11, 12			1	
2	I know what actions to take if I don't have enough income. pp. 13-14			2	
3	I know how much my Canada Pension Plan Benefit will be. p.14			3	
4	I know how the CPP child rearing provisions work and the documentation needed to establish eligibility. p. 17			4	
5	I know when I will elect my Canada Pension Plan Benefit. p. 17			5	
6	I know when and how to apply for my Canada Pension Plan Benefit p. 18			6	
7	I know how much my Old Age Security will be. p. 18			7	

BCRTA's Retirement Planning Guide

- Available as a Workshop Resource at bcрта.ca/workshop/upb/
- Rate yourself on your readiness
- Hot-links to source documents



SALARY INDEMNITY PLAN

Are you 65 or eligible for an
unreduced pension?

You may be able to save
2.02% of your salary.

For information visit bctf.ca
or call 1-800-663-9163.

BCTF BC TEACHERS'
FEDERATION



Teachers' Pension Plan

TPP



Let's make sense of your
Teachers' Pension

BC Teachers' Pension

- Largest Source of Retirement Income
- Annual Member's Benefit Statement
- Defined Benefit (DB) plan
- Pension Options
- Our pension is indexed annually
- Child-rearing credit available
- TPP Website Tools and Learning resources:
tpp.pensionsbc.ca



Your pension

Learning resources

About us

COVID-19 updates

Teachers / Home

COVID-19 updates

We're open for business, but our reception is closed. Pension payments will continue as scheduled.



Our commitment to you

Your board of trustees wants to provide you continued reassurance about your pension plan.

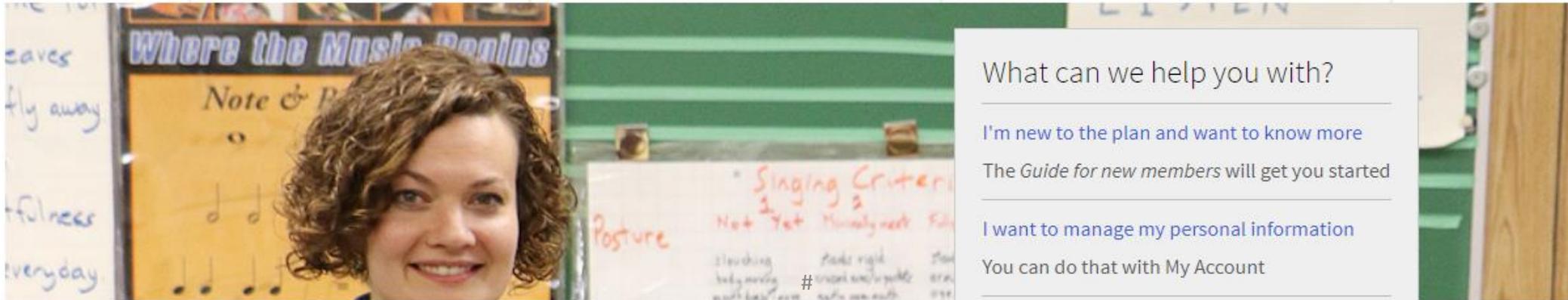
[View full message](#)



Frequently asked questions

Chances are, someone else has the same questions as you. We've collected answers to the questions members are asking.

[Read the questions and answers](#)



What can we help you with?

[I'm new to the plan and want to know more](#)
The *Guide for new members* will get you started

[I want to manage my personal information](#)
You can do that with My Account

TPP “My Account” Information

- Annual Members Benefit Statement
- Member Education
- Personal Information
- Beneficiaries
- Service Summary
- Personal Pension Estimator
- Purchase Cost Estimator
- Can apply to retire online unless on LTD
- New: online retirement available for some with a former spouse





All service (both old and new) is counted in your pension calculation:

e.g. $23 + 9 = 32$ years service

Your Pension Plan Changed in 2018

Start January 1995 - Retire December 2026	
1995 – 2017	23 years service in old plan
2018 – 2026	9 years service in new plan



**Pension
“Unreduced”
or
“Reduced for
early retirement”**

UNREDUCED PENSION

**ON SERVICE TO
END 2017**

**ON SERVICE
FROM 2018**

Contributory Service
(total old and new service)

Factor 90
(age at retirement + years of CS)

35 years CS

OR: Age at retirement

age 60
(if 2 years service)

age 61
(if 2 years service)

REDUCED PENSION

If you retire early

-3% per year early
(pro-rated monthly)

-4.5% per year early
(pro-rated monthly)

Pension Reduced or Unreduced

e.g. Age at retirement 59
+ Contributory service 27

Total: Factor 86

1 year: away from 60 and

4 points: away from factor 90:

Reduction factor is based on the
best of those (1 year) = -3% pro-
rated monthly on old service

-4.5% x 2 (below age 61) pro-rated
monthly on new service

- **So what is Contributory Service (CS)?**
- Any month in which you work even 1 day, gives you a whole month of Contributory Service.
- CS is only used to qualify for an “unreduced” pension.

How is CS different from Pensionable Service (PS)?

PS is your full-time equivalent working time.
It's used to calculate the value of your pension.
It's the biggest driver of the size of your pension.

Pension Reduced or Unreduced

On Your Member's Benefit Statement:

- **“Earliest Reduced”** -age 55
- **“Earliest Unreduced”** -age 61 or
35 years contributory service
- **“Unreduced”** -age 65
- **“Latest Retirement”** -age 71, Dec. 1





Member's Benefit Statement

Sample Estimates:

-date of birth May 5, 1977

Earliest Reduced:

- age 55
- or Jan. 1 current year if older than 55 already

Earliest Unreduced:

- at 35 years CS
- or age 61 if ≥ 2 yrs CS

Unreduced:

- age 65 for all
- end of Bridge benefit

Latest Pension:

- December after age 71

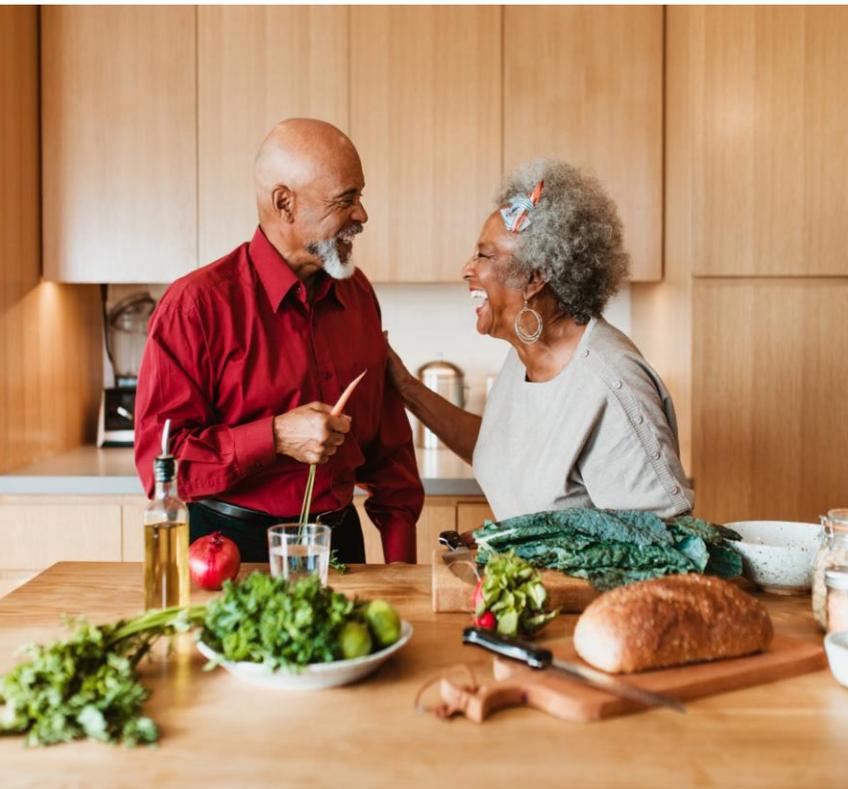
Estimated Monthly Pension

	Age	Effective Date
Earliest Reduced	55 yrs 0 mo	June 1, 2032
Earliest Unreduced	61 yrs 0 mo	June 1, 2038
Unreduced	65 yrs 0 mo	June 1, 2042
Latest Retirement	71 yrs 7 mo	Dec. 1, 2048

Pension Options

Who are you protecting?

- Self or Beneficiary: **Single Life Pension**
 - 0, 5, 10, or 15 year guarantee?
- Spouse: **Joint Life Pension**
 - Joint Life to appropriate amount
 - Minimum 60% by law
 - 0% to <60% Joint Life if **waived by spouse**
 - A guarantee? 0, 5, 10, or 15 years



Guarantee Periods



How do Guarantee Periods Work?

- a bit like life insurance
- you can guarantee your pension for a set time in case of your early death
- you can choose 5, 10, or 15 years of guarantee

For example: you chose a 10 year guarantee

- you pass 7 years after retirement
- your pension continues to your beneficiary or your estate *for the remaining 3 years*
- the clock starts at your *retirement* date, not death

You can outlive your guarantee period (most people do!) and your pension continues as long as you live.

If you choose a *Joint Life* pension, it continues as long as you and/or your spouse is alive.

Pension Options

Monthly pension option	Basic lifetime benefit	Bridge benefit	Temporary annuity	Pension to 65	Pension after 65	Survivor's pension
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SINGLE LIFE OPTIONS

Single life guaranteed 5 yrs	\$2,418	\$838		\$3,256	\$2,418	
Single life guaranteed 10 yrs	\$2,404	\$838		\$3,242	\$2,404	
Single life guaranteed 15 yrs	\$2,380	\$838		\$3,218	\$2,380	
Single life guaranteed 10 yrs + temp. annuity	\$2,307	\$838	\$580	\$3,725	\$2,307	

Female teacher with 25 years teaching experience and a current highest average salary of \$6251 retiring at 62 years of age.

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100% joint life	\$2,234	\$838		\$3,072	\$2,234	\$2,234
100% joint life + temp annuity	\$2,144	\$838	\$580	\$3,562	\$2,144	\$2,144
80% joint life guaranteed 10 yrs	\$2,266	\$838		\$3,104	\$2,266	\$1,812
80% joint life guaranteed 15 yr	\$2,259	\$838		\$3,097	\$2,259	\$1,807
60% joint life guaranteed 10 yrs.	\$2,298	\$838		\$3,136	\$2,298	\$1,378
60% joint life guaranteed 15 yrs.	\$2,287	\$838		\$3,125	\$2,287	\$1,372
40% joint life guaranteed 10 yrs.	\$2,332	\$838		\$3,170	\$2,332	\$932

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40%

* If you choose a guarantee period with joint life, and you pass early, your spouse gets 100% of your lifetime benefit until the guarantee period is up, then they drop to the % of joint life that you chose.

Typical Incomes – new pensions, 2023

Pensionable service (years)	Average salary	Average annual pension	Average present value
< 10	\$75,000	\$7,000	\$105,000
10<15	\$88,000	\$21,000	\$333,000
15<20	\$91,000	\$28,000	\$449,000
20<25	\$95,000	\$38,000	\$621,000
25<30	\$97,000	\$50,000	\$798,000
30<35	\$100,000	\$61,000	\$988,000

- Average Annual New Pension in 2023: **\$39,500**
- Average Annual New Pension in 2024: **\$43,000**
- Average Annual Pension Overall in 2024: **\$36,400**

(Source: Teachers' Pension Plan, Annual Reports 2023 and 2024)

What happens to my Teachers' Pension in the event of divorce?

- shared family asset
- deal with in divorce settlement or separation agreement
- former spouse can apply to become a Limited Member
- can claim their share of the pension any time



Canada Pension Plan

Government Pensions: CPP

- CPP – retirement, disability, and survivor pensions
- Formula based on contributions
- Child rearing credits available
- Indexed annually
- Early or Late?
- CPP Post-Retirement Benefit available
- Contributions required if working to 65, even if you start CPP early
- Contributions optional working age 65-70





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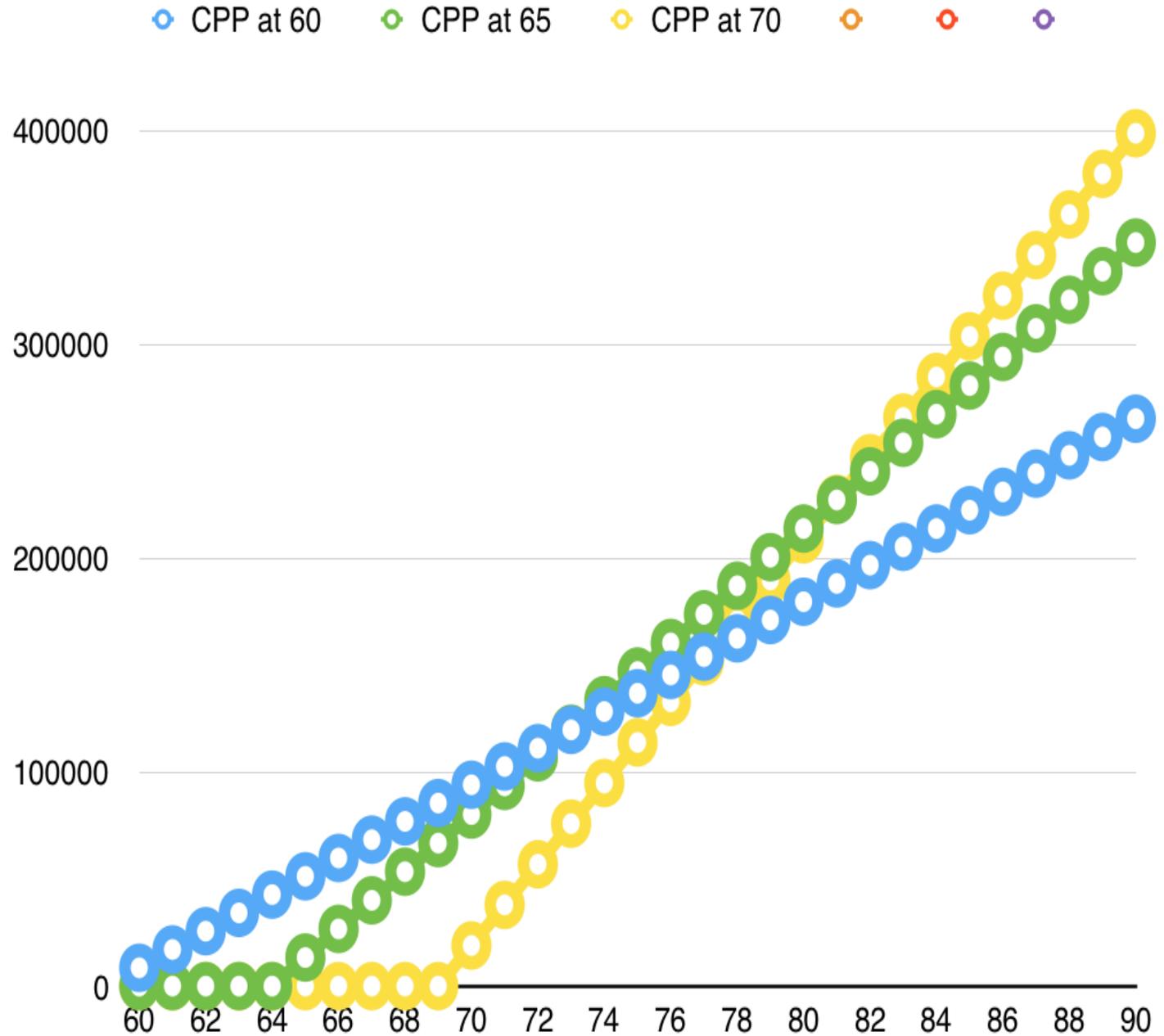


CPP 2026 Monthly Amounts

- Age 65 maximum = **\$1,507.65**
\$18,091.80/yr
- Age 60 maximum = **\$ 917** (-7.2%/yr)
- Age 70 maximum = **\$2,035** (+8.4%/yr)
- Actual Average started at age 65 =
\$ 808.14 (Oct./24)
\$9,698/yr

Apply through Service Canada

CPP Early or Late





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My Service Canada Account (MSCA) provides convenient and secure access to view and update your Employment Insurance (EI), Canada Pension Plan (CPP), and Old Age Security (OAS) information online.

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Don't have an account?

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i Please note:

- **You must protect your personal information.**
We recommend that you sign out, clear your browser's cache, and close down your browser after you finish your online session.
- **You must have cookies enabled in your browser.**
If cookies are disabled in your browser's security settings, you'll have trouble signing in and you won't be able to use My Service Canada Account.
- **If you use bookmarks, you may experience technical difficulties.**
- To use My Service Canada Account you must have access to a modern Web browser. This could include such browsers as Internet Explorer (version 9 or newer), Mozilla Firefox (version 22 or newer), Safari (version 5 or newer) or Google Chrome (version 28 or newer). In addition, you must ensure that JavaScript is

Register for My Service Canada Account

Old Age Security

Government Pensions: OAS

- Monthly Government pension at age 65
- Can delay up to age 70
- Not pre-funded - paid out of general revenue
- No premiums; a social programme
- Reciprocal with other countries
- Based on residence in Canada after age 18
 - 10 years to qualify
 - 40 years for maximum
- Indexed quarterly
- Guaranteed Income Supplement (GIS) if lower income





OAS Monthly Amounts at January 2025



- Maximum at 65 = \$ **742.31** (indexed quarterly)
\$8,907.72/yr
- Maximum age 75+ = \$ **816.54** (+10% at age 75)
\$9,798.48/yr

- Can be deferred at age 65
- Starting later? Add 7.2% each year.
- Start age 70 max. = \$ **989.63**
\$11,876/yr
\$1089.59 at age 75 (+10%)
\$13,075/yr

- 15% Clawback starts at \$90,997 net income (2024)
- (starts the following July)
- OAS fully taxed back at \$148,451 net income (2024)

Apply through Service Canada

Personal Savings, Assets and Work

- Personal savings and assets can be converted to a stream of income (e.g. annuity)
- RRSPs can be converted to a RRIF or annuity or self-administer
 - You must convert by Dec. the year you turn 71, then start taxable withdrawals the next year
- Working in retirement, or starting CPP or OAS, does not affect your Teachers' Pension
- Get individual certified financial planner help. EFAP may pay (check local contract).
- Get help at FP Canada - www.fpssc.ca
- Fee for service vs. indirect compensation

Taxes on Retirement Income



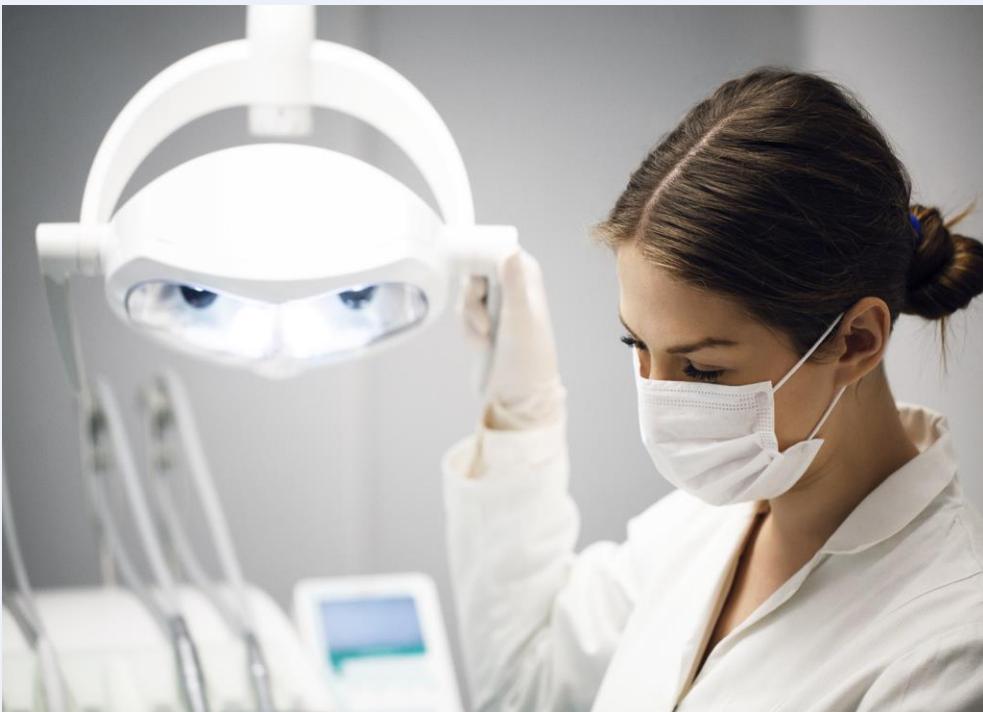
- **TPP**— taxed at source (TD-1)
 - usually about 19% withheld from your pension
- **CPP** and **OAS** — can be taxed at source
 - you choose the amount taken off
- **RRSPs/RRIFs** — both are taxed
- **GIS** - *non-taxable* (Guaranteed Income Supplement)
- **TFSAs** – *non-taxable* – (Tax Free Savings Account)
- Ernst and Young Tax Calculator at www.ey.com/ca/taxcalculator

Do you need insurance?

- **Insure against catastrophic risk:**
 - Medical Services Plan
 - Extended health care
 - Travel medical
 - House insurance

- **Insurance as a budgeting aid:**
 - Trip cancellation/interruption/delay
 - Dental insurance
 - Life insurance

Decide what coverage you need.



Government Health Benefits

Medical Services Plan (MSP)



- No premiums
- MSP Covers:
 - Required physician services
 - Diagnostic Services (x-rays, lab services)
 - Basic hospital ward accommodation
 - Prescriptions while in hospital

MSP Does Not Cover

- Prescription drugs
- Paramedicals – physiotherapists, chiropractors, masseurs, etc.
- Vision care
- Ambulance
- Private duty nurse
- Limited coverage in Canada out of BC
- Very limited coverage outside of Canada -maximum \$75/day
- Medical equipment & supplies

BC Fair PharmaCare

- Covers prescriptions on the Pharmacare formulary.
- Special Authority or Cancer Agency pays for some drugs
- Coverage amount is based on family income using income tax information (2 year lag)

Before Deductible	After Deductible	After Family Max.
You pay 100%	You pay 30%	You pay 0%

PharmaCare Example



Net Family Income two years ago	Deductible	Family Maximum
\$60,000	\$1,800	\$2,400

Calculator can be found here:

<https://my.gov.bc.ca/fpcare/financial-calculator>

Retirement Insurance Plans



Voluntary Group Benefits in Retirement

- Member pays all premiums
- Benefits are less generous than working benefits
- Usually a 60-day window to join without a health questionnaire
- Usually can transfer from one group plan to another without a medical qualification
- Be careful of gaps in service when changing plans (60 days)

Extended Health Options

- Active teachers' plan if a TTOC
- Group plan with spouse
(especially if subsidized by employer)
- BCRTA group plan: Dogwood
 - Active teachers can join BCRTA now
- TPP Group plan: GreenShield
- Individual EHC plan: e.g. Blue Cross





DOGWOOD EHC

(FORMERLY JOHNSON EHC)



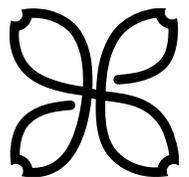
DOGWOOD TRAVEL GOLD

(FORMERLY PRESTIGE)



DOGWOOD TRAVEL SILVER

(FORMERLY MEDOC)



DOGWOOD DENTAL

(FORMERLY JOHNSON EHC)

What Group Plans are Available?

All Pension Plan Members



- Extended Health Care
- Dental
- Travel

BCRTA Members Only



DOGWOOD

- Extended Health Care
- Dogwood Travel Gold (Prestige)
- Dogwood Travel Silver (Medoc)
- Dogwood Trip Cancellation – stand alone
- Home Insurance
- Life Insurance

EHC Plans Comparison: TPP and BCRTA

	GreenShield Canada (TPP) Extended Health Care	Dogwood (BCRTA) Extended Health Care
Plan Percentage	80% (1st \$2,000); 100% thereafter; Note limits	80% Note limits
Deductible	\$200 per person per calendar year (excludes insulin injectors, hearing aids, vision care)	None
Lifetime Maximum	\$200,000	\$500,000

EHC Plans Comparison

	GreenShield Canada EHC (TPP)	Dogwood EHC (BCRTA)
Prescription Drugs	<p>Covered</p> <p>Direct Pay Drug Card</p> <p>GSC Formulary</p> <p>Generic Low-Cost Alternative Reference Drug Program (RDP) pricing</p> <p>8% mark-up limit</p> <p>\$10 dispensing fee cap</p> <p>Annual max \$20,000 per claimant</p>	<p>Covered</p> <p>Direct Pay Drug Card</p> <p>BC PharmaCare Formulary</p> <p>Generic Low-Cost Alternative Reference Drug Program (RDP) pricing</p> <p>8% mark-up limit</p> <p>\$10 dispensing fee cap</p> <p>Two options: \$2000 or \$4000 annual max per household</p>



Pharmacare Formulary

Is your medication covered by belair? Look up the Formulary, OR phone belair.

<https://pharmacareformularysearch.gov.bc.ca/Search.xhtml>



BC PharmaCare Formulary Search

PharmaCare Formulary Search Results

Click on the DIN/PIN/NPN to show details for the product.

The amount PharmaCare actually pays depends on PharmaCare coverage rules and PharmaCare plan rules.

Show Summary

New Search

Products found: 1

DIN/PIN/NPN	Generic Name	Brand Name, Strength & Dosage Form	Manufacturer	RDP	Max. Day Supply per fill	Maximum PharmaCare Covers	Unit	Special Authority Needed	Quantity Limits
02247163	ROSUVASTATIN CALCIUM	Crestor - 20mg 20 MG TABLET	ASTRAZENECA CA	No	100	\$0.1827	Each	No	No



EHC Plans Comparison

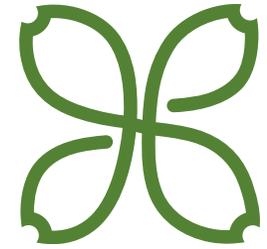
	GreenShield Canada EHC (TPP)	Dogwood EHC (BCRTA)
Health Education	Not Covered	\$100 per calendar year
Vaccines	Not Covered	\$100 per calendar year
Hearing Aids	\$2,000 per 5 calendar years	\$1,400 per 4 calendar years

EHC Plans Comparison

	GreenShield Canada EHC (TPP)	Dogwood EHC (BCRTA)
Paramedical Services	Combined \$1,500 per year	Combined \$1,500 per year
Vision Care	\$400 per 2 calendar years	\$400 per 2 calendar years
Eye Examinations	Covered -included in Vision Care maximum	Covered -included in Vision Care maximum

***This summary does not constitute a contract/certificate of insurance. For complete plan details and limits, please refer to the governing documents for each plan.**

Dogwood EHC – monthly rates



EHC Rates

As of January 1, 2026 Under 85 years

Over 85? – Call belairdirect

	Single	Couple	Family
\$ 2,000 drug max./family	\$124	\$214	\$289
\$ 4,000 drug max./family	\$175	\$299	\$400

Note: Begin by choosing the \$2,000 Maximum for drug coverage.

You may move up to the \$4,000 level when you need it.

You will have to stay at that level for at least 2 years.

GreenShield EHC– monthly rates

As of February 1, 2026

EHC Rates

	Single	Couple	Family
Retired member	\$120.33	\$240.88	\$468.09

Retirement Budget: Annual Premiums

Annual Rates

	Green Shield EHC	Dogwood EHC \$2000 max drug
Single	\$ 1443.96	\$ 1380.00
Couple	\$2890.56	\$2376.00
Deductible	\$ 200.00/person	0
Total Single	\$1643.96	\$1380.00
Total Couple	\$3290.56	\$2376.00

February 1, 2026

January 1, 2026



Types of Travel Insurance

Travel Medical Insurance



Single Trip Plans for Individuals

- Available from insurance or travel companies
- Usually expensive for limited coverage
- The lowest commitment
- Not feasible for one day trips across the border

Group Plans

- Better Coverage & Value
- Take multiple trips up to X days with year-round coverage
- Freedom to travel all year
- Better rates in a group plan

Read the Fine Print

90 Day Stability Clause

- Industry standard clause
- If there is a *health condition change* in the 90 days before you travel, you are not covered for related events



Read the Fine Print



Sudden & Unforeseen

- Based on whether it is medically safe for you to travel at this time
- You are covered for “sudden and unforeseen” medical events
- If your doctor thinks it is medically ok to travel, you are covered
- Get a checkup before you go

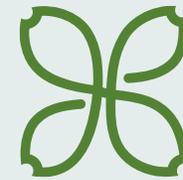
What's Available for Travel? 3 Group Plan Choices

**Travel
Medical
Insurance**



All Pension Plan Members

- **Basic Travel plan for members who have GreenShield EHC or Dental**



DOGWOOD

BCRTA Members Only

- **2 different travel options:**
- **Travel Gold or Silver**
- **Trip Cancellation – included with Gold or Silver *and also* as a stand-alone plan**



DOGWOOD TRAVEL PLANS

One-year policy covers any unlimited number of trips within Canada of any duration

e.g. a 35-day plan lets you take any number of up to 35-day trips in a year, as long as you return to Canada in between OR a 17-day plan lets you take any length of trip within Canada

Premiums increase with age. Members may enrol using the younger spouse's age bracket for savings and any spouse may join BCRTA and be eligible with first year free membership

•All plans are First Payer plans: protect your lifetime EHC maximum

3 Travel Insurance Plans: Comparison

	Dogwood Gold	Dogwood Silver	GreenShield
Trip Length	62 or 93 days	17 or 35 days	30 or 60 days
Max. Coverage	\$10 million/trip	\$10 million/trip	\$5 million/trip
Stability Clause?	Sudden & Unforeseen	90 day stability	90 day stability
Health Questionnaire	No	Yes, for lower rates	No
Trips within Canada	Unlimited	Unlimited	Unlimited
Vehicle Return	\$5000	\$5000	Covered

3 Travel Insurance Plans: Comparison

	Dogwood Gold and Silver	GreenShield
Trip Cancellation	\$8000	No
Baggage	\$1500/person	No
Document replacement	\$500/person	No
Non-medical evacuation	\$5000	No
Flight accident	Up to \$100,000	No
Accidental Death	Up to \$25,000	No
Extending trip?	Yes, up to 212 days*	No

* With additional premiums

Sample Travel Insurance Rates

-monthly
-single



Dogwood Travel Gold

	<age 75	age 75-84
62 day plan	\$56.17	\$173.75
93 day plan	\$70.75	\$218.92



Sept. 1/25

Dogwood Travel Silver

	age 65-69	age 76-80
17 day plan	\$37.83	\$101.83
35 day plan	\$41.83	\$113.08

“Standard” Health Questionnaire



Sept. 1/25

GreenShield Travel

	age 60-69	age 70-79
30 day plan	\$25	\$53
60 day plan	\$51	\$108



Feb. 1/25

Dental Insurance Options



Retiree Dental Plans

Choices:

- Active teachers' plan if a TTOC

- Dogwood Dental – BCRTA



- GreenShield - TPP



- Individual Plans (e.g. Blue Cross)

Dental plans often work more like a budgeting tool than an actual insurance plan because of limits.

Get advice from your dentist.



Dental Plan Comparisons



TPP Dental Plan

BCRTA Dental Plan DOGWOOD DENTAL

Basic & Preventative

70%

80%

Minor Restorative

70%



80%

Major Restorative

Essential Plan: Not Covered
Enhanced Plan: 70%

50%

Plan Maximums

Essential Plan: **Combined \$1,000** per calendar year
(Basic, Preventative & Minor Restorative)

Basic & Preventative: No maximum
Minor Restorative: \$750 per calendar year
(combined) **Jan.2026 \$1000**

Enhanced Plan:
Combined \$2,000 per calendar year

Major Restorative:
Crowns, Posts, Inlays & Onlays:(combined)
\$700 per calendar year **Jan.2026 \$1000**
Bridges, Dentures & Implants: Combined
\$700 per calendar year **Jan.2026 \$1000**

Scaling & Root Planing

13 units per calendar year

8 units per calendar year

X-rays

Panoramic: 1 per 5 years
Complete: 1 per 3 years

Panoramic: 1 per 3 calendar years
Complete: 1 per 3 calendar years

Fillings

Amalgam equivalent on permanent molars & all
primary teeth

Amalgam equivalent on molars

Endodontics

1 per tooth per lifetime

1 per tooth per 5 calendar years

Annual Rates: Single

Dental Insurance Premiums



	 DOGWOOD	
Essential		\$427.68
Enhanced	\$948	\$808.20

Jan. 1 2026

Feb. 1, 2026

Note: Each policy has different coverage language and limits.

House Insurance and Life Insurance

belairdirect

- Available to BCRTA members
 - Call for “best friend” advice
 - 5% discount for Belairdirect policy holders
 - Includes identity theft and restoration
 - Individual policies

Other Insurance





BCRTA

BC Retired Teachers' Association

How to Choose Insurance?



Considerations

- Satisfaction
- Service
- Coverage
- Cost
- Advocacy



Contact Information

DOGWOOD



TPP

TRB

BCTF

Toll free: 1-833-749-1324

- Email: GroupBenefitsWS@belairdirect.com
- Dogwood Silver (MEDOC): 1-866-606-3362
- EHC and/or Dogwood Gold Travel: 1-833-739-1324
- <https://bcрта.ca/about-us/members-benefits/>
- **Identify yourself as a BCRTA member when making contact.**

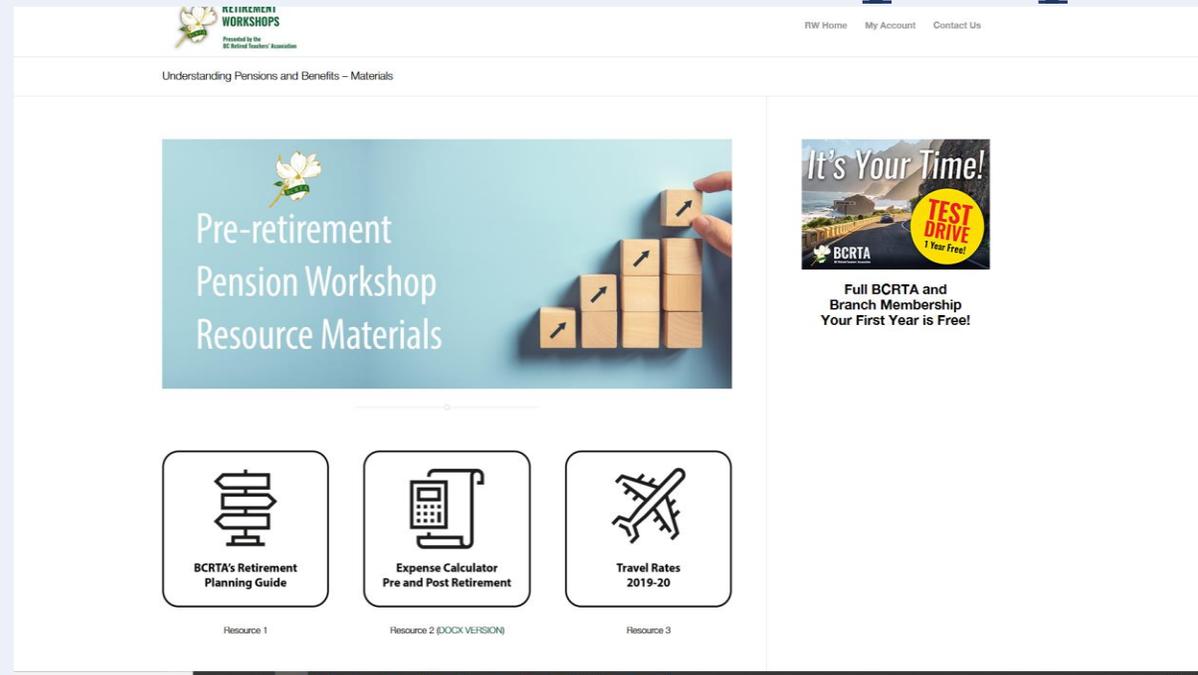
- GreenShield: 1-888-711-1119

- BC Teachers' Pension Plan: 1-866-876-8877
- Email: tpp@pensionsbc.ca

- BC Teacher Regulation Branch trb.certificateservices@gov.bc.ca

- BC Teachers' Federation 604-871-2283
1-800-663-9163

To get workshop slides, docs, and updates:
bcрта.ca/workshop/upb



RETIRED TEACHERS' ASSOCIATION
WORKSHOPS
Presented by the
BC Retired Teachers' Association

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Understanding Pensions and Benefits – Materials

Pre-retirement
Pension Workshop
Resource Materials

It's Your Time!
TEST DRIVE
1 Year Free!

Full BCRTA and
Branch Membership
Your First Year is Free!

BCRTA's Retirement
Planning Guide
Resource 1

Expense Calculator
Pre and Post Retirement
Resource 2 (DOCX VERSION)

Travel Rates
2019-20
Resource 3

Questions? Email: workshop@bcрта.ca

Workshop Satisfaction Poll



Thank you!

