

President's Report-My wife and I recently had the opportunity to take a safari through Kenya and Tanzania. It would be an understatement to say that we were overwhelmed by what we saw and the people who we met. I really don't know how to adequately tell the story of our experiences. I was in awe of the vast grasslands of the savannah spotted with acacia trees. We saw a great number and variety of animals in their natural setting. We saw thousands of zebras and wildebeest migrating south to greener pastures. We also met many very warm and friendly people. Because it takes a relatively short time to travel to Africa, at times our experiences seemed a bit surreal. I constantly reminded myself of where I was and to slowly drink in all that we saw.

It was, in the end, good to get home and reflect on our experiences. Even though there was so much beauty in the countries that we travelled, there was a renewed appreciation for the country that we live in. I think that we sometimes take what we have for granted. I am grateful for our great education system supported by professional and dedicated teachers. The education experience of most children in Kenya and Tanzania is significantly different than that for children in Canada.

In the early morning, when travelling through rural areas, you could see many primary aged children walking to school unaccompanied by adults. Nearly all the children were carrying sticks. I thought children were required to bring firewood to school, but our guide told us that the sticks were being carried as protection from animals. Sticks could be thrown at animals that might be a threat. Some children walked to school for an hour and a half. Children were expected to work around the school first thing in the morning sweeping, watering plants, or tending a garden. At lunch children would walk home and then back to school. After walking home at the end of the day, children might be expected to do chores like fetching water or taking care of the animals. Some children, because poverty is a real issue, might only have one meal during the day. I'm not certain where children got the energy to focus on learning.

Schools could be grouped into those funded by the government, private schools that might cost at least \$20 per month per child, or international schools that start at \$6000 per year per child. Government schools had teachers who might have a high school education with little or no teacher training. Government schools didn't seem to have a formal curriculum and there appeared to be few teaching materials or basic supplies. Private schools are a step up because teachers are paid more and as such attract people who are more qualified. There also appeared to be a more formal curriculum and more teaching materials and supplies. Being that an average salary per month is less than \$200, it would be impossible for most parents to pay the cost of a private school for two or three children. International schools are for the children of diplomats, government officials and the wealthy. Teachers in these schools are university trained and are hired from foreign countries. They also follow a European or North American curriculum. Although we didn't visit one of these schools, they appear to resemble schools much like ours.



EXECUTIVE MEETINGS-10:00 a.m. (2018), Nov. 15.

LUNCHEON MEETINGS-Scandinavian Centre, Oct. 18 (Trivia) Nov. 29 (Christmas Luncheon).

BURNABY RTA EXECUTIVE

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Editor-Dave Carter. **Production**-Elizabeth Beer **Distribution**-Ilse Armanini, Marguerite Henderson

ANOTHER READ

Big Little Lies-Liane Moriarty-Thorndike Press-2014

The Tiger-John Vaillant-Vintage Canada-2010



To be on the safe side, I purchased "missed flight insurance".
But, that cost me more than the flight itself!

BRTA TREASURER'S REPORT-September 30, 2018-Marguerite Henderson

Credits-Luncheon-\$700.00 Membership Fees \$10.00 Interest \$3.06

Debits-Scandia Rental-\$336.00 Catering-\$833.49

Newsletter-Printing- 106.77 Postage-\$100.11 Honorarium \$75.00

Balance-January 30th 8381.01 Balance-September 30th \$5930.90

WITH SADNESS-no longer with us-John Black, Marlena Morgan, Dorothy Raines, Doug Walls, Miriam McGowan and Ivan Erikson

Death is nothing at all. It does not count. I have only slipped away into the next room. Nothing has happened. Everything remains exactly as it was. I am I, and you are you, and the old life that we lived so fondly together is untouched, unchanged. Whatever we were to each other, that we are still. Call me by the old familiar name. Speak to me in the easy way you always used. Put no difference in your tone. Wear no air of solemnity or sorrow. Laugh as we always laughed at the little jokes that we enjoyed together. Play, smile, think of me, pray for me. Let my name be ever the household word that it always was. Let it be spoken without an effort, without the ghost of a shadow upon it. Life means all that it ever meant. It is the same as it ever was. There is absolute and unbroken continuity. What is this death but a negligible accident? Why should I be out of mind because I am out of sight? I am but waiting for you, for an interval, somewhere very near, just around the corner. All is well.

- *Henry Scott Holland*

Memo

To: All BCRTA Branch Presidents, Directors, Committee Members

From: BCRTA Office

Date: October 2, 2018

There have been several more recent attempts to scam members of Branch executives through emails which appear to be from another member of their Executive. In most cases, these are requests for sending money through any number of ways. ie. e-transfers, deposits, or even clicking on a link for purchase of a certain item. They can be made to look like either a personal request or BCRTA business, which can certainly catch a member off-guard.

We will be forwarding more information soon about ways that people can identify potential scams and at the same time protect their personal security. As a precaution, it is always better to err on the side of caution and verify the sender by calling your co-executive. If you're a new executive member, be sure to be aware of the way in which financial matters are dealt with between yourselves.

Please share this information with your Branch Executive members. If you have any questions or concerns, please let us know at office@bcrt.ca.

BURNABY SCHOOL BOARD

Burnaby School District is proposing to relocate its current Administration Office at 5325 Kincaid Street to the Schou Education Centre at 4041 Canada Way. The Schou Education Centre would be redeveloped and expanded to accommodate both existing and future School District needs.

Rezoning and subdivision applications will be required to enable future single-family residential development on the Kincaid site. A rezoning application to R2 Single Family Zone has been submitted to the City along with a written rationale for the land use change. A preliminary layout of the future estimated 18 residential lots will form the basis of a subdivision application which will be linked to the rezoning.

Board Chair Ron Burton Retires after 31 years from the Burnaby Board of Education

As many of his longtime Burnaby Citizens Association comrades prepare to plunge into another municipal election battle, one veteran BCA school board trustee is already far from the fray. After serving more than three decades on the Burnaby Board of Education, Ron Burton has already moved to sunny Vernon, to play tennis, mountain bike, tool around on his motorcycle and care for his two-year-old grandson. All the best to him and a big thank you for serving the Burnaby Community for so many years.

This is the number of staff currently employed by the district.

The current numbers as of today are as follows: BPVPA 78 CUPE 1478 BTA 2484
Exempt 61 Grand Total 4101

In **“Hear the Call: Salmon Nation”**, singer Ashleigh Ball of Hey Ocean! travels with filmmaker Josh Thome to BC’s remote coast to meet Alexandra Morton, one of the world’s most celebrated marine biologists for her work with BC’s keystone species, salmon. Exploring the coast with Alexandra, Ashleigh is amazed to learn about the elaborate role salmon play in weaving together the entire coastal ecosystem. She is equally disturbed to learn that the wild salmon are being decimated by disease and pollution introduced from Atlantic salmon farms.

Inspired by Alexandra and by meeting First Nations Chief, Ernest Alfred, who is taking a powerful stand for the salmon and his people, Ashleigh finds her own voice on the issue in the most powerful way she knows - through music. Hear the Call climaxes with a musical and visual call to action that engages audiences in a concerted campaign to stop the destruction of the ecology and cultures of BC’s wild coast. Watch the trailer of this film on You Tube.

UPCOMING LUNCHEON -DATE/TIME/PLACE: Thursday, Oct. 18, 2018 at the Scandinavian Centre at 12:00 noon, doors open at 11:30

MENU: Teriyaki Beef wraps, salad, dessert

ACTIVITIES: Trivia with Dave; bring a book, take a book table **PRICE:** \$25

If you are planning to attend, **please reply by Saturday, Oct. 13**, so I can order a meal for you.

Heads up on our Christmas Luncheon-It is early this year!! - November 29th Ilse

What's REAL in real estate investing?

By the BC Securities Commission (BCSC)

Housing prices in British Columbia, and particularly those in Metro Vancouver, have been on a steady rise, causing many people to look to real estate as an investment; however, like any other type of investment, there are risks associated with investing in real estate. With this in mind, the BCSC has created a useful acronym to help you find out what's REAL when it comes to real estate investing:

- **R – Read** and understand the disclosure and/or sale documents
- **E – Evaluate** the risks
- **A – Ask** for clarification
- **L – Look** for advice

Read and understand the disclosure and/or sale documents

Most real estate investment opportunities are offered by both public and private companies selling real estate securities in the exempt market. Private companies rely on prospectus and registration exemptions to sell securities to investors who meet certain criteria. Private companies are not required to give the same ongoing disclosure (such as financial statements or press releases) as public companies. If you are considering investing in these opportunities, it's important to understand that, in the exempt market, investors are largely on their own without many of the investor protection provisions that are required when investing in a public company.

The exempt market generally applies to the sale of securities to investors under certain exemptions and without a prospectus and the advice of a registered dealer. Some securities are sold under the offering memorandum (OM) prospectus exemption. OMs provide certain information about the investment and, unlike prospectuses, they are not required to be reviewed or approved by the BCSC. If you're considering an investment in real estate under the OM exemption, always read the 'risk disclosure' in the OM.

Evaluate the risks

Investing in real estate doesn't mean you're safe from risks. As with any other type of investment, it's important to evaluate the risks associated with investing in real estate.

Keep in mind that exempt real estate-based investments are sold to investors in the private placement market without a prospectus, without the review or approval of the BCSC, and usually, without the advice of a registered dealer.

Ask for clarification

It's easy to get lost in the jargon when it comes to researching and evaluating if a real estate investment is right for you. Before you commit to participating in a real estate investment, be vigilant and ask questions along the way.

Look for advice

If you're considering an investment in real estate, it's helpful to consult with an independent third party before making the investment. And, before you take advice, it's important to know if the advice you are getting is coming from a qualified source. Conduct a background check to ensure your investment advisor is registered:

<https://www.investright.org/informed-investing/know-your-advisor/advisor-check/>.

An independent advisor could also be a lawyer or accountant. It's always best to get advice from a third party who doesn't have a stake in the investment decision you make.

For more information on how you can find out what's REAL in real estate investing, visit our newly launched webpage about private real estate investing: <https://www.investright.org/private-real-estate-investing/>.

If you have questions about investing, or to report a scam, please contact BCSC inquiries at 1-800-373-6393 or inquiries@bcsc.bc.ca.

If you would like to receive email notifications when BCSC InvestRight publishes information, sign up for our subscription services at <http://www.investright.org/subscribe.aspx> or join us on Facebook <https://www.facebook.com/pages/InvestRight/8085848466>.

Burnaby Retired Teachers' Association Scholarship and Bursary Foundation

Each year the Burnaby Retired Teachers' Association has provided scholarships and bursaries to students graduating from our secondary schools. This year, in May, the BRTA presented a bursary and scholarship in each secondary school. (\$32,000)

Eight - \$1,000 bursaries were presented on behalf of the BRTA Scholarship and Bursary Foundation to the following students to help with expenses in a Post-secondary institution.

Alpha - Linda Kanyamuna	Burnaby South - Harran Shi
Burnaby Central - Lester Lin	Byrne Creek - Berliana Almira
Burnaby Mountain - Clare Hardjowasito	Cariboo Hill - Melissa Wang
Burnaby North - Andrew Lieu	Moscrop - Jovin Khehra

Eight - \$3,000 scholarships were presented on behalf of the BRTA Wynn Richmond Bursary Fund to the following students who are entering the Faculty of Education in a post-secondary institution in BC.

Alpha - David Quadrelli	Burnaby South - Anyie Wong
Burnaby Central - Shane Atienza	Byrne Creek - Precious Johns
Burnaby Mountain - Adrien Li	Cariboo Hill - Rickesh Mysuria
Burnaby North - Christina Leung	Moscrop - Aariayana Sayani

Thanks to your donations, gifts, and bequests, our fund has grown from one scholarship in 1996 to sixteen awards in 2018. Members of the BRTA attend Commencement Ceremonies to present the awards. Well done everyone!!

BURNABY VILLAGE MUSEUM

Burnaby Village Museum Fall updates – The end of our public summer season on Labour Day meant that it was time to roll up our sleeves and get going on our maintenance, repair and refurbishing projects. Our much loved carousel gets extra special attention every September; the horses are cleaned, and where needed, repainted. This year, in the Farmhouse, the team replaced worn linoleum and fixed issues with cracking wallpaper. Work in the forge area continued and final tweaks to steam shed upgrade were completed.

September means back to school and it's wonderful to have the school groups return. Our Heritage Arts classes continue to be popular, especially those that involve food! Behind the scenes we are getting ready for our next public openings: Haunted Village (October 26-29, 6-9pm) and Heritage Christmas (November 24 – January 4, 2019). Looking forward to seeing you all soon! For more information head to burnabyvillagemuseum.ca

MOVING FORWARD TOGETHER: RESURGENCE AND RECONCILIATION IN INDIGENOUS EDUCATION

Wednesday, October 17th, 2018 | 100 Neville Scarfe, UBC Point Grey Campus | 5:30 PM to 8:00PM

Join **Dr. Blye Frank**, Dean of Faculty of Education, University of British Columbia, for the third installment of the **FRANKLY SPEAKING** event on Wednesday, **October 17th, 2018**.

In the spirit of ideas worth advancing, the theme will be Indigenous Education. In 2015, the Truth and Reconciliation Commission of Canada released a list of 94 Calls to Action that would start the reconciliation process between Indigenous people and the settlers of Canada. The reconciliation process is indeed a process – a process that starts with education. And through education, we better understand the history, policies, practices and decisions that affect First Nations in Canada, and that have led us to today.

The Right Honourable Paul Martin will introduce the Martin Family Initiative (MFI), a charitable organization created by his family to improve educational outcomes among Aboriginal youth through innovation and collaboration.

R.R. Smith Memorial Fund Foundation 2018 AGM September 22, 2018

Each year the R.R. Smith AGM precedes the B.C.R.T.A. AGM. The Board of Directors is elected. Three Burnaby Retired Teacher members were elected - Dave Carter, Steve Bailey and Sarah Joyce. There are 5 other elected directors - Bev Anderson, Judy de Vries, Andy Hattrick, Karen Kilbride and Sheila Pither. The B.C.R.T.A. Board appoints two directors - Sterling Campbell and Caroline Malm.

The 2018-19 Draft Budget was approved and the Sept. 10th Financial Statements were adopted.

During the 3 days of the AGM, R.R. Smith accepts donations and all delegates have a chance to win a door prize. This year two of the door prizes were donated by Langley members. Karen Foo donated a Paris Travel Bag and Bev Anderson donated a tote bag. Both were beautifully handcrafted and designed.

Andy Hattrick and Dave Carter accepted donations for R.R. Smith.

Enjoy Tours also donated a \$100 gift certificate for any trip in the catalogue. Judy de Vries and Troy Oppen presented the gift to Colleen Gauthier from Quesnel.

Sheila Pither has been a Director on the R.R. Smith Board for a number of years. This year she was awarded a Life Membership to the B.C.R.T.A. in honour of her service to retired teachers. Steve is very proud of his aunt.

Let's Get Active! A Seniors' Guide to Physical Activity

Are you an older adult? Do you want to be as healthy as possible and feel your best? Then being active is one of the best ways to achieve this! Regardless of age, everyone can exercise and benefit from it, even if you have never been active before. Find out how you can get started today.

How do I get started?

The first step to being active is to know your own body. Discuss physical activity with your health care provider first. If you have difficulty with mobility (standing or walking), ask to see a physiotherapist or kinesiologist. He or she can design an exercise program to suit your needs and goals.

Once you get the green light to be active, try these ideas! Take a walk around the block once or a few times a day, do some easy stretches or leg lifts while watching TV, lift water bottles for some easy strength training, dance to your favourite music.

How much physical activity do I need?

Aim for 150 minutes of activity per week, more is better. That works out to about 20 minutes of activity a day. Even 10 minutes of activity at a time counts! To get the most benefit, try to exercise to the point where you are sweating and breathing harder. Examples include walking briskly, biking or swimming. It's also good to add muscle and bone strengthening activities twice a week. Many activities such as brisk walking, dancing or bowling will help your bones and muscles stay strong so it's good to try different activities.

To find, physical activity tips for older adults go to: [Health Canada's website at https://www.canada.ca/en/health-canada/services/healthy-living/physical-activity.html](https://www.canada.ca/en/health-canada/services/healthy-living/physical-activity.html)



TWO WORKSHOP SESSIONS

Tuesday, October 16, 2018, from **10:00 am to noon**

Place: Hellenic Community Centre, 4500 Arbutus St. at Valley Drive, Vancouver

Parking is available, in the lot or on neighbouring streets.

Cost: Free. Sponsored by the Vancouver Retired Teachers' Association

Refreshments: coffee, tea, cookies, and sandwiches;
will be provided before the sessions and during the break between sessions.

SESSION 1: at 10:00 am. about 1 hour.

Presenters: Mark Costales and Lisa Hansen

Topics: Johnson Inc. and MEDOC on types of insurance being offered for travellers and other services.

Note: the advertisement on page 44 of the PostScript Fall 2018 issue.

SESSION 2: at 11:00 am, following a short break.

Presenter: Tim Anderson, Executive Director of the BCRTA

Topics: The BCRTA Membership Advantage Programs,
and the strategic plans and future directions of the BCRTA.

Note: the information on page 2 of the PostScript Fall 2018 issue.

There will be time for questions and discussions.

Registration is required to prepare handouts and arrange for the refreshments.

Contact: Denis Ottewell, email: dennyottewell@outlook.com

Phone: 604 526-7561.

If no answer, please leave your name and phone number on the answering unit.

I will return your call and confirm your registration.

Thanks to the over two dozen persons who have already registered.

JOIN THE EXECUTIVE!!!! There are only a few positions left on the Executive of the BRTA. If you don't join immediately, you might be left out! Psychological exams and medicals are presently being scheduled! You will have to learn the secret handshake and read the manual on "Dark Ops" and swear that you will never reveal what actually goes on at the meetings of this secret society. You might even be elevated to the position of Supreme High Muckymuck which is also known as the "Veep". Knowledge of carpentry is not a drawback. Upon applying, your "kit" will arrive at your home in a brown paper package labelled "Occupant". This decision can be life-altering but none of the present Executive have ever expressed remorse concerning their commitment. ACT NOW!!!

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