

THE BRIDGE

KTRTA Newsletter

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Tom Thomson, *Winter, Canoe Lake*, 1914, Oil on canvas 63.2 x 81.1 cm - Public Domain Wikimedia

The Bridge

Bridges provide a link
Bringing people closer,
Filling the space with new possibilities.
Let's bridge age, status, race, differences
With uncommon humanity.
Let's bridge the gaps that chain us,
Unlocking our grandest vision for today.

Barb Stankiewicz

Letter from the Editor

Just the other day I was thinking about how many new words and phrases we've all been exposed to over the past year, or so. Expressions that were foreign to us, like social-distancing, flattening-the-curve, lock-downs and sheltering-in-place, are now common-place; we now use these words freely and with meaning. We have also recently learned new weather-related terminology like heat dome and atmospheric rivers. I have also developed a few more skills in technology as I learned how to attend Zoom family gatherings and even learned how to set up a Zoom for a group of seniors that I belong to. Before COVID I didn't even know about FaceTime which I now do with members of my family on a weekly basis. I know of many other seniors who are using FaceTime and social media to keep up with their grandchildren.

With all these new words and technologies in mind we are fortunate to have an article in this issue of *The Bridge* about the Kamloops Emergency Support Services (ESS) by Carolynne Miller. Like Carolynne, many retired and active teachers give their time to ESS.

With the BC protocols for COVID-19 carefully followed, our Fall get-togethers went ahead as planned. The KTRTA and the KTRT CLUB held their annual AGM's on Friday September, 24th, 2021 at the North Shore Community Centre. It was our first luncheon in a very long time and it was well attended with approximately thirty members present including three new retirees. A delicious lunch was provided by *The Pond*. The members brought a wonderful variety of Fall produce for the Sharing Tables, which were enjoyed by all.

In October, our Lunch and Learn session was lead by Dr. Melody Wright, a pharmacist at Pratt's Pharmacy in Kamloops. She presented a most informative presentation on Pharmaceutical Care. She went over all of the ways that pharmacists can help us maintain our health as we get older. We sometimes need several different prescriptions from our Doctor(s) and they may not all be compatible. She explained that there can be problems with our health that are drug-related and described several ways that drugs can be a problem: a drug may be needed but has not yet been prescribed, a wrong drug has been prescribed in error, too high a dose, too low a dose, side effects, drug interactions with other drugs, and/or a drug is prescribed where one is not needed. We can turn to our pharmacist to review the drugs we are taking, and the pharmacist can give us advice on drug related treatment issues. You can ask your doctor or your pharmacist for a Medication Review, especially if you have a number of prescriptions, and one or more chronic medical conditions.

Dr. Wright recommends that you ask your doctor or your pharmacist for a Medication Review.



Dr. Melody Wright
Photo Credit Donna Sharpe

At our October Halloween meeting several people dressed in costume to add to the fun. KTRT Club President Bev Maxwell explained some of the functions of *The CLUB* for the benefit of new members. For instance, every Fall we present awards: two TRU Bursaries of \$1600



Left to Right: Sandy Baird, Betty Karpuk, Marney Bethel, Suzanne Legault, Rosemary Stoltze, Sharon Olsen, Marie Laroche, Sandra Yeast, Sheila Park. Photo Credit - Donna Sharpe

each and one R.R. Smith Bursary of \$1000. We get to meet the bursary recipients in March when they are invited to attend our lunch.

At our November luncheon we had occasion to celebrate twice. It was our festive annual Christmas Dinner that we traditionally hold at our end of November meeting and it was also a celebration of our 50 years as a local branch of the BC Retired Teachers' Association. Marian Owens entertained us with Christmas music on the piano as we gathered and lead us in



Marian Owens
Photo Credit - Donna Sharpe

carol singing after our dinner. A group of musicians from the Friends of Music Group of Kamloops also entertained us with some duets: Marico Lintott and Jo Butland played a Mozart duet on piano, and Evelyn Claudpierre and Denise Douglas played a piano/flute duet.

After a very short business meeting we were able to give a tribute to our 50 years as a branch of the BCRTA. There were many gifts to be given out and, in fact, everyone who was there was able to take a small treasure home, some donated by the BCRTA and some by local members. A wonderful commemorative 50th Anniversary display board was prepared by Marie Laroche. Marie included detailed information about the founding members who attended the inaugural meeting of the Central Mainland Kamloops Branch of the BCRTA, back in 1971. At some point the name was changed to Kamloops Retired Teachers' Association (KRTA). And then later it was changed again to include the rest of the school district; Kamloops Thompson Retired Teachers' Association (KTRTA).

Founding Members were Karl Knapp, J. D. Howard, J.J. Morse, Fanny Kenny, Aileen Olsen, Dora Furiak, Eileen McLennan, Marion Schilling, K. Lawrence, Wm. A. Farquharson, T. Nixon, K. Bingham, J. D. Howard, G. McGillivray, and Mary Lambert. These founding members created a local Retired Teachers' Association in 1971 and worked hard to improve the pensions of retirees.

Marie prepared a keepsake page with photos of each president over our 50 years. This was tucked inside festive Christmas crackers that Marney made for us to pull open before dinner. Fun!

Donna Sharpe

Click [here](#) to see Marie Laroche's well-researched history of the the KTRTA Presidents in the 2014 issue of *THE BRIDGE*



50th Anniversary Gifts from BCRTA and Members
Photo Credit - Donna Sharpe

Message from the KTRTA President

Happy New Year! I hope this Fall Winter Issue of *THE BRIDGE* finds all our membership happy and healthy! The Christmas holiday is behind us and we are well into the New Year, along with record cold weather and lots of snow. As I am writing this, there is a promise from the weatherman that plus temperatures are around the corner. I certainly hope so, though I wonder what will happen to all this white stuff! Yes, I know - it's going to melt and then, what a mess!

As I look at the past months, I am pleased that we were able to gather once again at the Cottonwood Centre. The luncheon meals were a challenge as we could not have a buffet lunch but instead had to have individual boxed lunches. The burritos from *The Pond* in September were great, the soup and sandwich from *Fresh St. Market* also worked out well as did the traditional turkey dinner by *Scott's Restaurant*. Thanks to all the members who helped serve.

We got to welcome several new members who attended our get-togethers in the Fall: Lorraine Brooks, Greg Hall, Sandra Yeast, Troylana Manson, Jane Johnston and Chiara Anselmo.

I have been in contact with the President of the Nicola Valley Retired Teachers' Association President, Rose Balan, to express our support and concern for their membership during the trying times in November when record rain flooded Merritt. We have offered to host a lunch for their membership, at the Cottonwood Centre, so that they could meet and support one another. They have not met in over a year because of COVID restrictions and now finding a suitable venue in Merritt is a challenge - or at least it was when the offer for lunch was made. They would like to accept our offer of lunch and BCRTA has offered to provide a grant towards the cost of hosting.

The program for the end of January was to be a guest speaker on indoor plants, particularly orchids. However, it was decided that we will push that program forward to warmer weather. Instead, Sheila Park and I will present the book *The Journey From Institution to Inclusion, The History of Special Education for Children with Differing Abilities in the Kamloops-Thompson Region 1800-2021*. I am working on a presentation and it promises to be interesting. The January lunch will be a Chinese New Year Celebration. Of course, this meeting depends on Dr. Bonnie Henry's restrictions due to the Omicron variant. I look forward to seeing our membership there if you attend.

Marney Bethell, KTRTA

Followup message from the Editor, Donna Sharpe: As you may have already read on our website or recent email bulletin, we are not able to hold our January 28th, 2022 luncheon and meeting after all, due to BC latest COVID-19 protocols for gatherings. We will miss having our Chinese New Year Celebration and Marney's and Sheila's presentation about the new book, *The Journey From Institution to Inclusion*, as well as the program about orchids. I'm sure these programs on the shelf will be presented at a later date when we are able to meet again together.

Greetings from the KTRT Club

May the New Year be brighter and may we get to enjoy gathering again. Happy New Year!



Christmas Lunch and 50th Anniversary; Photo Credit: Donna Sharpe

Happy News to Report - At the November Christmas luncheon, our members gave generously to our TRU Foundation Bursary Fund (\$820) the Canadian Harambee Education Society (\$410).

Christmas Giving - Our members were generous in their giving for the holiday season. All donations were mailed to the organizations with a thank-you note for their work. Christmas Amalgamated (\$110), Salvation Army (\$545), Food Bank (\$215).

News About Our Thompson Rivers University Foundation Bursaries - The Fall semester awards adjudication at TRU wrapped up in mid-December and we were informed of the recipients of our \$1600 bursaries. Our TRU Bursary recipients for 2021 are:

At our Christmas get-together, the KTRT Club raised more than \$2000 for bursaries and to support local charities.

- Myles Gregory, Bachelor of Ed. (Sec) STEM (Science, Technology, Engineering, Math)
- Amy Whitaker, Bachelor of Ed. (Sec) STEM

There was no R.R. Smith bursary presented this year as it was decided to defer it to another year. This year, due to the B.C. COVID-19 protocols and changes in administration at the university, TRU did not hold any type of Awards Ceremony and we truly missed this event.

We look forward to getting to know our bursary recipients. We hope they will be able to come to our March meeting and silent auction.

Bev Maxwell, KTRT Club President



Tom Thomson, Winter: Sketch for "In Algonquin Park," Fall 1914, Oil on wood, 21.7 x 26.7 cm, Public Domain Wikimedia

Quirky Classroom Chronicles

We hope you enjoy, and perhaps even get a chuckle, from the following three stories. We also hope that these stories will inspire you to search through your memory and your creativity to remember a story or two about your own teaching "passions and blunders" in the classroom. Our Heritage Committee is collecting these amusing stories about our classroom experiences to include in *THE BRIDGE* and also to compile into an entertaining book. Please submit your stories for THE BRIDGE to Donna Sharpe, Editor - onlineoffice.ktrta@gmail.com.

Donna Sharpe

Preparing Kindergarten for a Visit from the Ladies Auxiliary

For any Kindergarten teachers, you may recall the wonderful team of ladies that would come and present a Hospital Unit with interactive stations in the classroom and later set up a field trip to the Royal Inland Hospital as a culminating activity. The purpose of all of this was to, hopefully, make children less anxious if they were to ever have to go to the hospital for medical reasons. It was a wonderful unit!

Before the ladies were to arrive to my classroom, I thought a casual discussion about injuries, hospitals, etc. during sharing time would be helpful. I asked the children if they had ever been to a hospital and reasons for the visit. I also asked if they knew of anyone who was in the hospital at this time. Well, one child said that their grandmother was in the hospital. I was concerned that it might

**“... I quickly
diverted the
conversation...”**

be for a serious elderly situation such as a broken hip, pneumonia, end of life... I didn't want to cause any possible worry for the child by dwelling on the subject so I went to the next raised hand. Before I was able to do so, the child happily reported that their grandmother was only in for an operation because “She has a broken bagina.” Well, I quickly diverted the conversation as I didn't want any questions about what a bagina was, why it was broken and how it could be fixed.

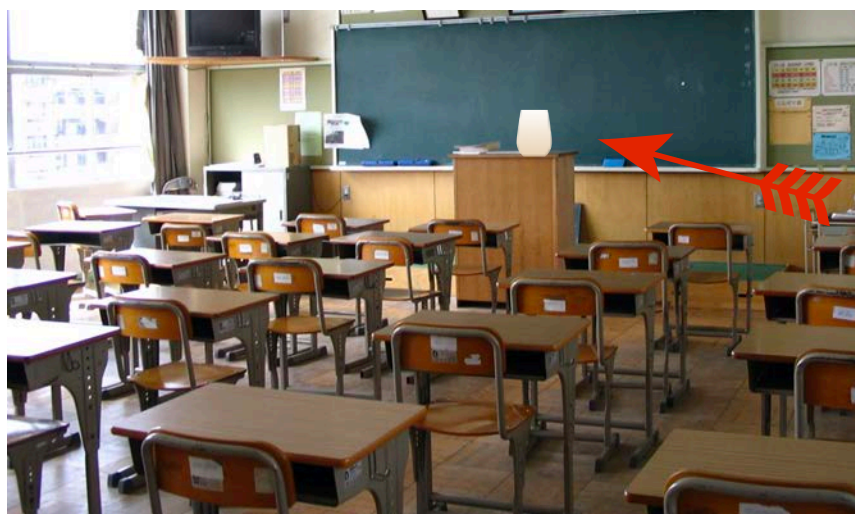
Miriam Cavani

The Wide-Necked Pickle Jar

Now anybody having suffered through the heat of spring in a Kamloops' classroom without air conditioning can identify with the instant lethargy that ensues. As well, if they are teachers, not students, they soon realize that the spring heat is when the section of the English program on public speaking is practiced during the last section of the course. Only then are the students awake enough to be interested in the show-and-tell that allows them to practice their own “public speaking” or listen to a classmate's offerings. They simply had to bring something to class and talk about it meaningfully for ten minutes or so.

Some went to great lengths arranging a demonstration and then holding a Q&A session about it afterwards. For example Dianne, a vivacious and talkative indigenous girl, had her mother accompany her while Dianne performed a stately Secwepemc culture dance to the hypnotic beat of her mother's drumming which rose and fell in volume as her daughter twirled and twisted in the front of the classroom. Then Dianne was overwhelmed with questions from her classmates about the meaning of the dance, during which she repeated short sections in illustrating her explanations. Her preparation and delivery were outstanding. She got an “A” in public speaking and performance.

A small group definitely caught on to the fact that they wouldn't need to do as much preparation if they were interested enough that they could talk about it off the cuff. But they still had to show something. There was a young man named Scott who I knew from his writing was a very sensitive young soul. But everything about him screamed "shy." He always sat in the same seat near the back of the class, was attentive, but very seldom got involved unless he answered a question directed at him. I didn't expect him to perform too well, being much more articulate in his writing than in his speech. So I was surprised when he stayed behind after class one day, which he had never done before, to speak with me. He stumbled through a few umms and ahs before blurting out that he wanted to present his show-and-tell the next day. "No problem, Scott," says I. "Do you need any special seating arrangement?" He assured me he was OK presenting in front of the class so long as he could use my desk to put something on. "Go right ahead. I'm looking forward to it."



The Wide-Necked Pickle Jar
Photo Credit - Wikimedia; Public Domain

His English class was the first one the following morning, but before I had got to school he had placed on my desk a large, empty, wide-necked pickle jar. I expected his early arrival, but he was the last person to come into the classroom, by which time I had sat down in a desk for myself right in front of the jar. Although he had always come into the class by the back door previously, that day he came in the door at the front of the room clutching a small duffel bag, about the size many students would use for their gym gear, but hesitated momentarily when I said, "Good morning, Scott. Go right ahead." Then he took several quick steps and upended the contents of his bag into the pickle jar only two feet in front of me.

"...he took several quick steps and upended the contents of his bag into the pickle jar..."

Later I realized that he must have planned the drama carefully in his mind as I reared back, almost out of the desk as this large coiling rattlesnake struck at the glass several times in rapid succession, his fangs leaving venom spilling down the inside of the jar. The class was

in a turmoil, as was I, and it took a few moments while he shouted above the slowly dwindling din, "AND I'VE GOT LOTS TO TELL YOU ABOUT SNAKES THAT I BET YOU DON'T KNOW!"

And he was absolutely correct, despite the fact that I had taken a university major in Biology I knew virtually nothing about snakes. It was quite clear in the next half hour that Scott knew more about snakes than the whole class put together. I have never seen or heard a person whose entire personality completely switched in front of me. From a shy, quiet, uninvolved young man came a confident, unrestrained, and totally impassioned lecturer on the capture, lives and habits of these slithery creatures that I, and most others, stay far away from.

The next time he came to class he had returned to his previous diffident self. Go figure. He got an "A" in public speaking, and I bet he followed his passion later in life as a highly successful Herpetologist. But I think that if that snake had missed the jar it would have been a bigger blunder on my part than on his.

Ian Mackenzie

Better to Give Than to Receive

My kindergarten student gazed up at me with his large, clear blue eyes; it was hard to not admire his long blonde eyelashes. He paused slightly as he held his look, eyes locked intently on mine; he was reading my face with the exacting power and privilege of our youngest learners. Without a word, he extended his hand, preparing to give me something held safely in his small fist. His proud and affectionate demeanour made it clear that this was a very special gift. I happily extended my hand, palm up, delighted to receive his present. He gently released his grasp and placed something tiny and soft gently into my hand. It was light, too, much like a feather, but small and round, about the size of a pea. I had no idea what it could be, yet my student's focussed gaze told me that I should be very pleased to receive it. Clearly, this wasn't just any old gift, this was one of the best and most valued possessions he could ever provide.

I looked at it carefully and searched my mind for what this minuscule, yet precious item might be. Finally, I couldn't restrain my curiosity for another second. I mustered up the courage to ask, "What is it?" His response came quick and to the point, "I got it from my daddy's belly button." Now I was the one without words, "Ahh..." I said softly as I quickly realized exactly what I was holding; not just a little ball of lint, but a much more personal treasure. I closed my hand around my student's precious gift, and smiled.

"I closed my hand around my student's precious gift, and smiled."

I hoped he hadn't noticed my eyebrows knit together or heard me gasp. This was definitely a new twist on the old idea that it is better to give than to receive.

Noeleen Bunney

Kamloops Emergency Support Services Team

The Province of British Columbia has legislated that, local authorities (municipalities or regional districts) are responsible for operating and planning emergency support services, as well as educating citizens about personal preparedness. Pre-disaster coordination, planning, and training allows for the timely provision of food and shelter and depending on need (with provincial approval) – incidentals, clothing, and transportation to victims of emergencies or disasters, generally for up to 72 hours from the start of an event. Other services provided might include family reunification, first-aid, psycho-social care, and referrals to service providers.

The Kamloops Emergency Support Service (ESS) Team members are volunteers, many who are available 24/7. Our ESS Team is supported by the City of Kamloops. The city provides our team with a Reception Centre and training spaces, supplies and kit needs, office and storage space, and ensures that we have everything else we need to operate as efficiently as possible. We are directly supported by the City of Kamloops Community Development & ESS Coordinator, and the Emergency Program Coordinator.

The Province, through Emergency Management British Columbia (EMBC), provides support to local authority's Emergency Plans, offering ESS training to ESS teams around the province each year, and reimburses our Suppliers (hotels, restaurants etc.) for necessary services provided to evacuees.

If Kamloops ESS services are being requested by other local authorities or organizations – they reach out to the City of Kamloops Emergency Program Coordinator or alternate to request the support of our team. We utilize buildings belonging to the City of Kamloops, so Reception Centre site availability, communications capability, transportation, and traffic/parking are some of the factors considered prior to setting up an appropriate space and activating the team.

Level One Team Volunteers or Personal Disaster Assistance Team volunteers respond on scene for one to several evacuees. Level One Team members have taken all required courses, have team experience, attended Level One calls as Observers and are very available. When there are larger numbers of evacuees, our team opens and runs Reception or Comfort Centres.

As Kamloops has a strong, well-trained ESS Team of volunteers, and with our experiences hosting/supporting evacuees in 2017 and 2018 due to wildfires and freshet, we were chosen as one of four communities to participate in the province's Emergency Support Services Modernization Pilot for the Evacuee Registration and Assistance Tool – ERA.

In 2019, the City of Kamloops ESS team held many orientation, and learning sessions - followed by workshops, then provided valuable knowledge-based feedback and suggestions to the province and the ERA developers.

In 2020, we participated in more sessions with the new digital platform including doing dry run exercises to test the platform. With the onset of Covid-19, the planning and understanding of how we could deliver ESS supports virtually became a priority.

In Spring 2021, the team participated in several workshops with the EMBC Modernization Team to make suggestions for the next ERA revision. We also had team members in very small groups attend training and orientation sessions at the new Virtual Reception Centre to practice using our paper-based system (which will always be our fall back) as well as the ERA system.

On June 29, 2021, the wildfire season started and continued until October.

Our local mutual aid partners who work with us at Reception Centres include volunteers from St. John Ambulance, SPCA and CDART (Canadian Disaster Animal Rescue Team) - many of whom have cross-trained with us to further our capabilities and their understanding.

In recent years, our Reception Centres have offered services and sanctuary for many different groups of evacuees during such incidents as floods, police actions, apartment fires and interface forest fires. ESS Team members may be working with vulnerable members of the population (evacuees) and their confidential information. We are required to have a Criminal Record Check to volunteer.

Thank you to Lyn Arikado, Director Kamloops ESS, for supplying the history and background. Yes, Lyn is also a volunteer.

“... many teachers gave their time, working around personal obligations to give the hours they could...”

Kamloops ESS members gave thousands of volunteer hours this past summer during the fire season. Then the floods happened in November. Kamloops ESS members were once again available. Many retired teachers gave their time, working around personal obligations to give the hours they could. Teachers, still in the system, also gave their volunteer time in the summer months. Supporting our retired teachers and other volunteers, some working teachers continued coming to volunteer on the weekends or after school. The Kamloops ESS Team has a variety of members coming from all walks of life who are prepared to volunteer their time and energy.

Our original ESS team put in more than 9,000 hours from June 29 to October 5. Prior to the floods our Kamloops team had clocked over 11,000 hours for the year. The hours for the November floods have not been reported yet. But as you can see, many volunteer hours are put in by your Kamloops ESS team.

I have been a member since 2003 and would invite anyone interested in helping the community to look into becoming a member. If you are interested in becoming involved with the Kamloops ESS then log onto the city web page (www.kamloops.ca) and search ESS for the information.

Carolynne Miller, Documentation Chief, Kamloops ESS

Cyber Wellness for Retirees

At the 2021 BCRTA Fall Conference, Keynote Speaker, Linda Fawcus, founder of GLUU Society, presented practical security tips to protect our personal information on our devices. She also explained what to do if your data has been compromised.

GLUU Society is a nonprofit Canadian society that was created to help older adults learn more about technology. They offer a number of technology workshops online and these are FREE. They have just been updating their workshops and new courses are starting mid-January 2022. You can register at gluusociety.org. Things you can do to improve your cyber security right now:

“...use strong unique passwords for each account...”

- Check with your computer technologist to see that your computer software is up-to-date,
- Check with your internet provider to ensure you have their most up-to-date modem,
- Use strong unique passwords for each account. Do not reuse passwords across accounts!

We encourage you to view Linda’s keynote address here: <https://bcrta.ca/linda-fawcus-on-cyber-wellness-tech-for-retirees/>

Editor’s note: More useful information on cyber security from the government of Canada can be found at: <https://www.getcybersafe.gc.ca/en/secure-your-devices>

Sheila Park

Getting to Know One of Our Own



Photo Credit:
Chiara Anselmo

Transitioning from a full and varied career to one of retirement is not always an easy task. We would like to focus on one of our newest members to see what she has accomplished in the past and what she has in store for her future. We would like you to meet, Chiara Anselmo:

Hi! My name is Chiara Anselmo and I taught in Kamloops for 33.5 years. I retired in 2021. I taught at Fitzwater, Summit, Barriere, Arthur Hatton, R.L. Clemitson, Kay Bingham, and Parkcrest, Elementary Schools, mostly grade 7 with some time in Special Education. Prior to moving to Kamloops to teach in 1988, I taught for 2 years at St. Joseph’s School in Smithers, B.C.

I served on the KDTA/KTTA for numerous years holding several positions on district committees appointed by the Superintendent. At the provincial level I participated in a number of BCTF Annual General Meetings. I was the Chair of the BCTF Social Justice Committee for two years, and served as a member of that committee for several years. I worked with a colleague to start the KDTA/KTTA Multicultural Committee, which became known as the Social Justice Committee, and actively participated in teacher strikes, teacher wellness, etc. At the school level, I coached sports, sponsored Student Council, co-organized different activities/events for students and parents throughout the years. This is a snapshot of my career.

One of my major accomplishments in my career was to successfully complete a Ph.D. in Educational Leadership at Gonzaga University.

So far, I have been very happy with my decision to retire. I am thoroughly enjoying being retired, although last May, 2021, I accepted a 0.19 French position in the Kamloops Independent School System. I am thrilled with my assignment. I teach Pre-K to Grade 4. This is the first time French has been offered to this particular age group. I will admit, the first month I was quite nervous. I had never taught this age group before. I guess one can say there is always the first for anything. It has been a blast working with these little ones. I have found the students to be so excited, eager, and ready to learn. It makes my teaching an ABSOLUTE enjoyment.

My husband and I enjoy creating decorative wood candle holders and chocolate bouquets for special occasions throughout the year. Each piece is one-of-a-kind and brings us much pleasure in seeing the final product. My spouse spends further time in his woodworking shop making furniture, jewellery boxes, etc.

In our leisure time we take great pleasure in walking at different parks and trails in Kamloops. I use nordic poles to walk, which I find enjoyable. Also, we like to read, watch hockey live, and on television.

In regards to any long-term plans, I would like to visit family and friends in Canada and the U.S.A. when it is safe to travel. I am feeling optimistic we are approaching some form of normalcy once again. We can only HOPE.

One of my reasons for joining the KTRTA was to reconnect with colleagues that I may have taught with over the years. Other reasons I joined KTRTA is that I like the variety of activities that the association puts on throughout the year.

For example, speakers are brought in to speak on different topics. And finally, I like that the association raises funds to provide bursaries to students pursuing teaching.



Decorative Wooden Candle Holder
Photo Credit: Chiara Anselmo

Once I get myself further familiarized with the KTRTA, I would be more than happy to volunteer wherever help is needed. I personally believe it is important to give one's time. I am delighted to be a new member of the KTRTA.

Chiara Anselmo

Making Submissions to *THE BRIDGE*

Please do! *THE BRIDGE* editorial team is looking for engaging articles from our almost 500 members. Email your submissions to Donna Sharpe at onlineoffice.ktrta@gmail.com. Submissions cover a range of topics, such as:

- Travel experiences – recommendations, adventures,
- Local history of interesting characters and episodes in the education system,
- Stories of creative endeavours, hobbies, sports,
- community service, personal re-invention and celebration.

Authors agree to allow their submissions to be edited, as needed. We appreciate submissions of articles and photographs. We use photos for article illustration and as content for its own sake. Note that photos need to be as high resolution as possible and credits are required.

Donna Sharpe

THE BRIDGE Editorial Team

Donna Sharpe (Editor), Libby Denbigh, Margaret Catherwood, Noeleen Bunney, Carolynne Miller, Sheila Park.

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Chiara Anselmo, Marney Bethell, Noeleen Bunney, Miriam Cavani, Ian MacKenzie, Bev Maxwell, Carolynne Miller, Sheila Park, Donna Sharpe.

Did you know?

Most of our members receive *The Bridge* newsletter online and via email. *Going paperless* improves our environmental stewardship and also saves money on printing and postage costs.

Thank you for providing us with your email address to onlineoffice.ktrta@gmail.com

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