



President's Report

Welcome to 2022. I hope that this year will be much more liberating than the past 2 years. Unfortunately, we have had to postpone our luncheons in the meantime due to Covid restrictions. However, we do encourage you to enrol in the various workshops offered through COSCO, albeit virtually via Zoom. Please check the workshops listed in the Newsletter.

It is important that we all try to stay physically and mentally in shape. At this time these are certainly challenging times given that our Recreation Centres and Fitness Gyms are closed. There are programs you can access through U tube and through various TV channels that offer Yoga, Pilates and conditioning exercises for all ages. I also encourage you to try and go out for a walk or bike as often as you can. Better still, create a bubble with a couple of friends and go walking. It may also provide an opportunity to have a coffee and treats and have much needed conversations face to face. We do miss that!!!

At the last BCRTA Zone meeting we asked the association to enquire with our sponsor Johnson Insurance regarding the flood coverage they offer. I encourage you to check your Home Insurance for both flood and earthquake insurance.

Here is wishing you well for the coming months and hopefully the pandemic will subside so that we can return to normal activities. Meanwhile you can continue reading books i.e. your 25th novel this past year.

Update:

The Abbotsford Teachers Assoc. corrected the information that went out in November regarding the loss of Library Books at Upper Sumas Elem. The books were saved and taken to the upper floor where they were stored. However the library was destroyed in the flood and hopefully Insurance will cover the reconstruction of the library facility.

All the best.

Tom Hastie

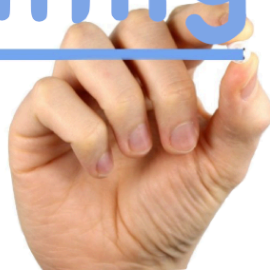
Continuation of the Excellent COSCO Personal Planning Workshop Series

Up Next: Advance Care Planning



**Council of Senior
Citizens' Organizations**

Personal Planning



Advance Care Planning

British Columbia has legislation that allows individuals to express their wishes, usually in writing, regarding the care they want to receive or reject. While we encourage people to have a conversation with their families or friends an advance care plan is a written summary of the discussion about the individual's values and instructions.

Click Below to Register

Workshop on February 3

1:00PM

Zoom

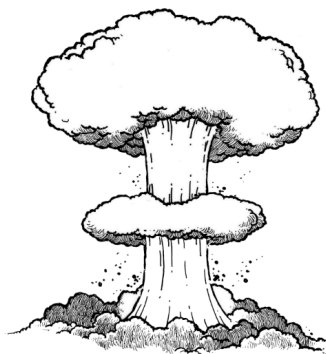
[Advance Care Planning Registration](#)

Heritage Report

Happy Bus Rides

One of my fondest memories of being a student at Princess Margaret was riding the school bus on Friday evenings to basketball games and sometimes to school concerts. There was so much enthusiasm on board! Everyone singing lustily to “99 bottles of beer on the Wall” or “Down by the Bay” or some other old song that was easy to sing and had simple lyrics. Those bus rides could take a very long time. Sometimes the first pickup was at Sullivan and then a huge loop to Bridgeview and up Scott Road, picking up groups of students all along the way. Then the reverse on the way home. Of course, because it was usually dark in the bus, there would be those who were not singing! Some were cuddling in the back seats.

I remember how much fun it was, as a cheerleader, too. “Bobo ski watten datten, Rah, datten chool!”, etc. and always finishing with “Yay, team”!



Drop, Cover, and Hold

On a more somber note, almost sixty years ago we were experiencing the “Cuban Missile Crisis.” The possibility of nuclear war had been in all the headlines for weeks and fear and anxiety levels were off the charts. Our school, K. B. Woodward, was located near the air raid sirens and they went off regularly spreading terror in the hearts of my little six year olds. We regularly had to practice air raid drills. I had to teach my little ones to crawl under their desks and hold on to the legs of the desk tightly enough so that they wouldn’t move. The earliest version of “Drop, cover and hold on.”

A thank you to Barbara Andreassen for sharing the preceding memories of her school days in Surrey. In the December issue of the “Chatter” Barbara also wrote an article “A Christmas Concert At Princess Margaret Remembered” but her name was accidentally omitted. We would like to thank her for that contribution as well.

Sunshine Report

Card Sent

To the family of Peggy Hanson who passed away in December.

In Memoriam

Ralph Bergman

Gary Schmidt

If
you know of any
SRTA members who
could use some sunshine
in their lives due to illness
or loss in their family,
please let our Sunshine
Chair, Ann Bayfield
know.

[Click to contact Ann](#)



Members' Advantage Program

Benefits Designed for BCRTA Members

BCRTA members get significant discounts and other special offers from our many Members' Advantage Program partners.

Advantage offers are available to all BCRTA members, brought to you by dozens of vendors offering cash discounts on products and services. Save on tours, guided travel, cruises, hotel accommodations, car rental, parking, golf, ski vacations, lifestyle services, home products and other essentials.

[Click Here to Learn More](#)

Online Activities and Programs That May Be Of Interest To You...

Here are a few ideas for online activities and programs. Most are for Surrey, but other cities/municipalities may have similar programs/activities.

Click to get to the [City of Surrey](#)

- On the Home Page, click on “Online Services” and type “Seniors” in the search box.
- Listed are many links to information for seniors... Here are a couple that may be of particular interest:
- “Focus on Seniors” Webinar Series.

These are held on the third Wednesday of each month.

Other workshops/programs are available as well. Click on the “Seniors” box at the top of the “Focus on Seniors Webinar series” main page.

Interested in Genealogy?

Click to get to the [Surrey Library](#)

Navigate to: Home > Services > Family History.

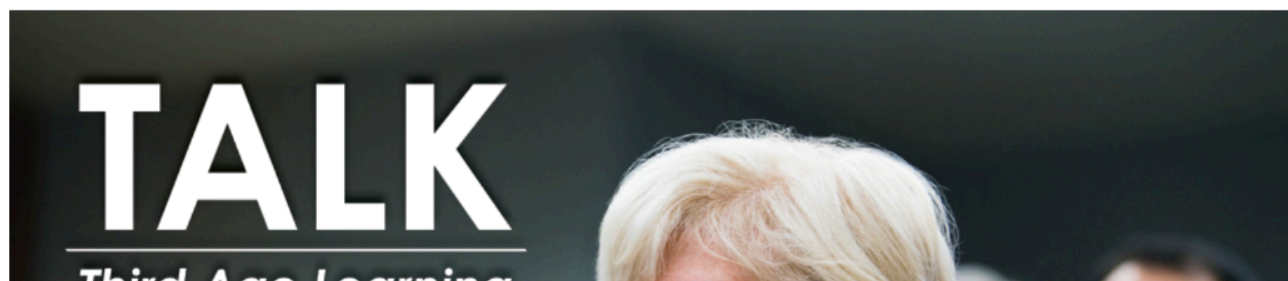
In addition to providing resources and help to those researching their family histories, the Family History Department puts on workshops.

An upcoming Online workshop is:

“The Historical Photo Detective: Roadshow”

(Feb. 24th. - using Microsoft “Teams”)

Note: A Surrey Library Card is not necessary to participate in the Genealogy programs





Third Age Learning at Kwantlen (TALK)

What is TALK?

TALK is a participatory learning experience with no quizzes, grades or prerequisites. The learning process is lively, full of discussion, controversy, humour, insight and wisdom. In addition to participating in courses, you can become a TALK volunteer. To find out the perks of becoming a volunteer check out our "[Become a Volunteer](#)" page.

How do I join?

Anyone over 50 years of age can join! **All you need is a membership (annual cost of \$10.00 September through August)** and you can register for TALK's courses. To find out more about our upcoming courses, check out our "[Courses and Registration](#)" page



Best Wishes for a Great Valentine's Day from your SRTA



Surrey Retired Teachers' Association
9030 King George Boulevard |
Surrey, British Columbia | V3V 7Y3 | Canada |
srta@shaw.ca

[Anti-spam policy](#) | [Report an abuse](#) | [Unsubscribe](#)

