Vancouver Tabloid

Vancouver Retired Teachers' Association MAY 2023 Newsletter

GOING GREEN CAN BE HARD THESE DAYS!

Going green has become an imperative as our Planet warms up and we experience more extreme weather. The blast of heat in mid-May was another wake-up call for us. Clearly, "it is time to Act", as American poet laureate, Andrea Gorman expressed in her poem Earthrise.

Yet one 2021 survey, by Blue Sky Thinking, an American ecobusiness, found seniors today care less about the Environment then youth up to age 40's. Is it true we retirees believe we have done our service and don't need to care?

To find out, turn to page 2 to learn



Photo credit: Fateme Alaie on Unsplash

some individual responses on how some of us are "going green". In coming years the

numbers of British Columbians aged 66 will increase to 25 percent of the population in B.C. Forming or joining an environmental group is also a way to act.

For example, the Suzuki Elders, an arm's length organization under the umbrella of the David Suzuki Foundation, offers an online discussion group, resources and hands-on opportunities to pursue various projects and learning events. Search online to find out how to join. Perhaps you belong to other groups. Certainly, it is time we used our "grey power" to help save our planet and chose Hope!

-Ros Kellett, Editor

PLEASE JOIN US for Lunch and our AGM on Thursday June 22 in person at the Royal Vancouver Yacht Club, 3811 Point Grey Road. Bring a former teaching colleague or a guest. The menu is a Local and Sustainable buffet. The gathering starts at 11:30 am. After lunch comes the business of the Annual General Meeting and electing the new Executive. There are four vacant positions: two Vice-Presidents, Editor, Membership Chairperson, and Assistant Secretary. If you wish to join the executive, please contact Nominations chairperson Winola Chu at wderechu@gmail.com or 604 872-1859. There will be a Door Prize!

AGM & JUNE LUNCHEON THURSDAY JUNE 22—11 AM

Register by Thur. June 15 and Pay \$45 PAY BY CHEQUE - Registration form ON BACK PAGE Dave Ellis, 2086 Newport Avenue, Vancouver, BC. V5P 2H8 P:604 327-7734 or email dellis7734@gmail.com

> OR **PAY ONLINE**

NOTE: online payment includes processing fee

https://www.eventbrite.com/e/agm-lunch-tickets-637895872727

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President's Greetings

We had a fun year with lunches, book-clubs, weekly walkers and strollers groups. Please join us for AGM, where Ros shows her Egypt trip slides. Enjoy your summer and stay cool!-*Edie Wood*

How I am "Going Green" in my life?

GARDENING



Denis likes to invest in homegrown produce such as potatoes, beans, garlic and some cherry tomatoes. He also donates some of these to the local food bank.

BUYING LOCAL



Edie likes to buy from local markets.

Supporting home-grown local business is part of her lifestyle. She cooks using the smallest amount of water.

DONATING AND RECYCLING

Winola loves to donate as recycling is also decluttering! She likes to recycle e-waste and depleted or out-of-date medications back to the pharmacy directly.

CLIMATE TIPS

World Environment Day is on Monday, June 5th; here are TIPS to allow the environment to reach a full, healthy balance.



- During a heat dome, I put any unused remaining ice cubes from the ice tray onto my house plants and refill the tray with tap water.
- I substitute glass or metal containers for plastic containers in the kitchen, as plastic waste is the primary cause of marine life destruction.
- -I limit purchasing excessive food supplies and groceries, thus reducing landfill waste.
- -I fill the electric kettle only to the required amount, saving electricity and water. *-Ojassvi Jolly*

Vancouver

Tabloid

A publication of the Vancouver Branch of the British Columbia Retired Teachers' Association #100, 550 West 6th Ave, Vancouver, BC, V5Z 4P2
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VRTA EXECUTIVE 2021-22

President - Edie Wood Vrtapresident.e@gmail.com 604 228-0830

Past Past President Winola Chu First VP - VACANT

Second VP - VACANT

Treasurer - Dave Ellis 604 327-7734

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Editor-Tabloid - Rosalind Kellett 604 873-0568 editortabloid@gmail.com

Assistant Editor –Ojassvi Jolly
TABLOID e-Distribution—

SUBMIT POSTAL CHANGES and

eMAIL CHANGES TO:

Membership—editortabloid Members at Large

Winola Chu, Barb Mikulec, Lizette Pappas, Les Rowe,

Diane Smith, Norma Westrom Volunteers

Ora Fraser, Lois Patterson, Ali Pollard

WEBSITE: WWW.Vrta.ca

Calendar

*Please feel free to join us -*Notify vrta.president.e@gmail.com

NOTE: Most events start 10 AM

June 22 Thur –Lunch & AGM
July 13 Thur. Exec. (TBC) in person
July 28 Fri. TABLOID deadline
Sept. 5 Tue. Welcome Back Lunch (TBC)
Oct. Workshop (TBC)

LEADERS for Activities

VIRTUAL BOOK CLUB: Diane Smith frandia@shaw.ca—3rd Wed at 2 pm -*Contact vrta.president@gmail.com to start Second Book Club STROLLERS: Norma Westrom normawestrom@hotmail.com—Wed 10:45 am

WALKERS: Margaret Yoshida margyoshi@gmail.com—Wed 10:00 am

2023 SPRING FLING



Participants (front left) Lan Bor Fan, Daphne Buchanan along with (front right) Jennifer Rogers relax while waiting for buffet to be set up inside the Clubhouse of the luscious greens of Langara Golf course



Arnie Lambert, BCRTA President, explains the usefulness of TPP Teachers Pension Plan.



Lizette Pappas, social convenor, reacts with joy after winning the draw prize.



Edie Wood, President, concludes the event.



Friends Walter Shynkaryk (left) and Ken Arndt enjoy a laugh.

The Spring Fling luncheon on Monday, March 20, drew 41 members and guests to Langara Golf Clubhouse. BCRTA President, Arnie Lambert, a former VRTA member, described one of the biggest surprises he has found as President was how eager the local branches are to get back to in person meetings and to welcome his news on the current BCRTA Board's activities.

In his travels across the province Arnie found how resilient branch members have been during the isolating COVID pandemic and, despite how small their branch might be, they are organizing more social and educational events for their members.

Then Arnie gave a superb overview of the benefits of BCRTA membership, especially the boost in the TTP monthly salary this January, with a COLA Cost of Living Adjustment of 6.9% These benefits came through the hard volunteer work of both Board and non-Board members, serving on BCRTA committees and spending long hours in discussions and step-by-step decisions to produce these results.

Arnie stayed to answer questions and Edie presented him with a small gift in gratitude.

2023 Annual General Meeting

MINUTES OF THE 2022 AGM

Tuesday June 7, 2022

- 1. The meeting was called to Order by President Edie Wood at 1:25 pm. There were 41 attendees, including the guest speaker. Karen Cooper, Assistant Editor for the PostScript, encouraged all to become writers for the magazine and how she gives help with those contributions.
- 2. MS/C Approval of the proposed Agenda.
- 3. MS/C Acceptance of the Minutes of the online AGM of June 8, 2021.
- 4. Reports: All AGM reports, included in the Vancouver Tabloid, May 2022, were adopted.
 - a) President's Annual Report Edie Wood
 - b) Treasurer's Finances and Proposed Budget -Dave Ellis. This was updated and passed.
 - MS/C That the membership fee remain at \$12.00.
 - c) Membership Report –David H. Smith reported, as of April 2022, it is 1307.
 - d) TABLOID Editor Ros Kellett, retiring editor Suggested theme for August 2022. Remaining Committee Reports: Website, Membership, Social –on luncheons, poinsettias, Workshops, Clubs and Volunteer Activities all received.
- 5. Elections of the Executive and Delegates: Winola Chu, as Past President conducted the elections. See Results below.

The VRTA thanked: David H. Smith-retiring Membership chairperson, for his service on the Executive this past year; & Ros Kellett for being Editor since August 2015, and was given a plant gift.

- 6. Revised Policies and Procedures Denis Ottewell/Lois Paterson M/S/C That the revised Policies and Procedures be adopted.
- 7. Other Business & Announcements: The door prize was won by Karin Bernauer.
- 8 Adjournment: at 2:15 pm. -Recording secretary, Denis

2022 ELECTION RESULTS

President: Edie Wood; First VP: Marilyn Rushton; 2nd VP: Vacant; Treasurer: Dave Ellis; Secretary: Denis Ottewell Membership: Vacant; Editor Vacant in Sept.; Website: Ros Kellett; Past-President: Winola Chu; Members-at Large: Winola Chu, Barb Mikulec, Sheila Pither, Les Rowe, Diane Smith, Norma Westrom Delegates (5) to BCRTA AGM: Dave Ellis, Ros Kellett, Barb Miku-

lec, Norma Westrom, Edie Wood; Alternate: Les Rowe

Delegates (4) to COSCO: Anastasia Mirras, Sheila Pither, Les

Rowe, Diane Smith, Alternate: Denis Ottewell

AGENDA FOR 2023

- 1. President's welcome
- 2. Approval of the proposed Agenda
- 3. Acceptance of the Minutes from the in-person AGM of June 7, 2022

4. Reports:

- a) President's Annual report:Edie Wood
- b) Treasurer's Financial Report & Proposed Budget: Dave Ellis Motion: That the membership fee for VRTA remain at \$12.00.
- c) TABLOID Editor: Ros Kellett
- d) Committee Reports: In MAY TABLOID— to be received by AGM.

5. Election of the Executive for 2022-2023

Nominations Report: Winola Chu

Thanks to retiring Executive members and volunteers

6. VRTA Delegates to Other organizations

Names to be announced at meeting

- a) Five Delegates to the AGM of the BCRTA Sept. 28, 29 and 30, 2023
- b) Four Delegates to the COSCO monthly meetings

7. New Business

- (i) Revised Policies & Procedures (ii) Other
- 8. Announcements; Adjournment; Door Prize

President's Report

We were fortunate to have had four in-person lunches this year. At

our June AGM. Karen Cooper, Assistant Editor of the BCRTA PostScript explained how she helps contribu-



tors to the magazine improve their writing and thus produce a superb magazine, guided by Chief Editor Tim Anderson, Before her talk, the Friends of VRTA held their AGM and we were encouraged by those funds increasing.

In September at our Welcome Back lunch, Diane Cruchley talked about her "Indispensable Binder". It is a very detailed template that you will need in any emergency be it fire, flood, or serious illness. It's not IF you will need our detailed information but WHEN!

In early December we enjoyed a festive turkey dinner at the Hellenic Community Centre prepared by our social convenor, Lizette Pappas, and her crew. When we were generously "fed up" we were then treated to the Vancouver School Board choir who lead us in Christmas carols as well as serenaded us with their very beautiful voices.

In January many of us attended the newest COSCO workshop, Ageing in Place. The practical advice was most useful.

In early spring at the Langara Golf course we had the BCRTA president, Arnie Lambert do a super job of explaining our pension plan. Our pension was again able to afford cost of living adjustments at 6.9%. It is the only teacher's pension in Canada to consistently give cost of living. The reason given for our success was that our pension board includes some very knowl-

edgeable teachers. Our government employer as well as teacher employee are equally represented on the board. Arnie also talked about our BCRTA Johnson Insurance plan. The satisfaction level among retirees who participated in a BCRTA survey was much higher with the Johnson plan than with the Green Shield's plan.

Marilyn Rushton, our first VP, became an even busier lady with a teaching load and so resigned in May to focus on her other activities; we appreciated her energy and ideas. Sadly, we also miss Sheila Pither from our executiveshe lived a full life and served us well. We have first and second vice president positions, Membership chair and Editor open, as well as Assistant secretary. We strongly encourage you to step forward and join our executive; we are a very -Edie Wood friendly group!

Social Convenor's Report

It has been a wonderful year for in- every wish was attended to. The person gatherings with superb lunches and entertaining & informative speakers. We started off last September at the exquisite Royal Vancouver Yacht Club with a most delicious lunch: then Christmas at the Hellenic Centre with lovely Greek appetizers, a traditional turkey main course with all the trimmings and a luscious Greek dessert. Our Spring Fling was at the Langara Golf Club with its beautiful spring colours and our

finale will be back to the lovely Yacht Club and I know we will not be disappointed. Make sure to get your tickets early for Thursday, June 22 at 11:00 AM. Meeting of old friends and acquaintances at these lunches was great, to reminisce and to catch up on news. Please join us for these lunches for next year there will be some surprises in store.

-Lizette Pappas

Membership Numbers

According to our Distribution numbers for the TABLOID and General Announcements

There are: Up to 1565 members as of March 27, 2023, made of *895 members on eMail connection list and 670 on Print Mail list

*Note: some members receive both the eMail and Print copies to share with other household members.

> -From Executive Committee minutes March 27

2023 Annual General Meeting

Report on Workshops

The Vancouver Retired Teachers' Association (VRTA) didn't sponsor any workshops but encouraged its members to participate in two series of workshops presented by the Seniors' Health and Wellness Institute (SHWI) which is an educational part of the Council of Senior Citizens' Organizations (COSCO).

The first series of seven workshops were about Personal Planning Services and were presented on Wednesdays, from October 26 to December 7, 2022, starting at 10:30 am and all by virtual media (Zoom).

The topics were: Personal Planning Overview. Advance Care Planning, Powers of Attorney, Representation Agreements, Advance Directives, Palliative Care, Wills.

The second series of six workshops were the Safety Series, again on Wednesdays, February 1, 2023, to March 8, again from 10:30 am and by virtual media. The topics were: Falls Prevention, Safety in the Home, Pedestrian Safety, Life without Driving, Emergency Preparedness, Frauds and Scams.

What was interesting is that the workshops had participants across Canada who joined in by Zoom, in spite of time differences. I recognized some of our members' names.

All workshops were free. As the VRTA considers these workshops to be a "service to its members" it has budgeted moneys to support such workshops.

- Denis W. Ottewell

TABLOID Editor's Report

The four issues produced this fiscal year were organized along these themes:

(August, 2022) What do I take when I travel?

(November, 2022) How can one relax in these uncertain times?

(February, 2023) Why would you prefer online over in-person meetings?

*(May, 2023) How am I "going green" in my life?

The* May 2023 AGM issue extends to 12 pages with a seven page AGM Insert devoted to the AGM agenda, minutes, elections and reports, both for the VRTA and for the FOVRTA.

I was delighted to work with an Assistant Editor this past year. Rebecca Aikman assisted with the August 2022 issue and Ojassvi Jolly (OJ) has assisted with the November, February and May issues. OJ has been an immense help and, using the same Publisher program as the VRTA uses, was able to complete and publish the November Tabloid after Ros left the country!

Actually distributing the TABLOID to our postal and

online recipients is an important job so I hope someone will step forward to become the Membership chairperson. I am grateful to our membership assistants that ensure you get your copy: Norma Westrom (online recipients) and Barb Mikulec (print recipients).

Again, we are looking for a new Editor. Editing is a fun but detailed job; it gives one great insight into the "heart" and inner workings of the VRTA and their members and an opportunity to learn new Internet skills as new editing software slowly emerges. The executive is very supportive and contribute articles in a timely way.

I give great thanks to: my Editorial committee for their patience, advice and proofing skills: Barb Mikulec, Denis Ottewell, Diane Smith, Winola Chu, Norma Westrom, Lois Paterson and Dave Ellis; and to our Theatres Offerings writer, Ora Fraser and to the newsletter distributors. It has been my pleasure to be your TABLOID Editor for the completion of my 8th year this August.

- Rosalind Kellett

2023 Annual General Meeting

Website Committee Report

The committee met at least 4 times online and once hybrid (both in person and online) to update the website each time for the major lunches lery? Advice on using your cell phone or other of the year. Our technical website manager, Vanessa Cleary, continued to do an outstanding job updating the software framework of our Drupal website, preparing the Eventbrite link and giving good advice. The website has lots of potential to expand and be more useful. Have you an interest in the history of your former school and how it grew? In featuring stories of some of our notable VRTA members? A blog to permit

www.vrta.ca

retirees to easily connect with each other? Volunteer opportunities? Bigger photograph galcommunication tools? Advice on health and travel insurance plans? If this interests you, please contact the Website committee to join. We would particularly welcome those of you who are already familiar with creating websites and wish to improve and create pages on ours!

Thanks to committee members: Barbara Mikulec, Norma Westrom, Winola Chu, and Ros Kel--Ros Kellett, Website coordinator lett.

Secretary's Report

The Executive has met seven times since the last AGM. The dates were:

June 27, at Ros Kellett's home; August 22, at Edie Wood's home; all others were by Zoom: October 11; January 6; January 30; March 27; May 8. All copies of the Minutes are available to members by email or print.

- Denis W. Ottewell, secretary

REVISED POLICY for 2023 VRTA AGM

New Item for E.2. AGM Nominations section

7 i) If no one fills one of the Executive positions at the time of the AGM, then the Executive is empowered to fill that position at a subsequent Executive meeting.

The AGM will be asked to approve the REVISED Policies and Procedures for the VRTA. Changes are shown in RED on www.vrta.ca in section About Us and on paper at AGM.

Report from the Nominations Chairperson - Winola Chu

Nominated for Table Officers 2023/24: Website Coordinator: Ros Kellett

President: Edie Wood **Members at Large:** Suzie Mah

First VP:: OPEN FOR NOMINATIONS Barb Mikulec Les Rowe

Second VP: OPEN Diane Smith Norma Westrom

Past Past President: Winola Chu Secretary: Denis Ottewell

Volunteers: Ora Fraser, Lois Paterson,

Ali Pollard

Membership: **OPEN**

Editor: VACANT

Treasurer: Dave Ellis

Treasurer's Report

and Budget for 2023-2024

This financial summary represents the state of the VRTA Branch as of May 31, 2023.

Our revenue was much the same as the previous year. The attendance and revenue for the lunches have returned to pre-Covid numbers.

Regarding our expenses, more has been spent on lunches due to an increase in food costs.

Looking at the Budget for the year ahead, we

anticipate that the income will remain much the same, while the cost of lunches will continue to increase. We expect to send a delegate (or two) to the NPF National Pensioners' Federation convention in Ottawa in the Fall. The proposed budget should leave the VRTA with a healthy balance of approximately \$10,000 by the end of June 2024. Respectfully submitted

—Dave Ellis

Current Assets

May 31, 2023

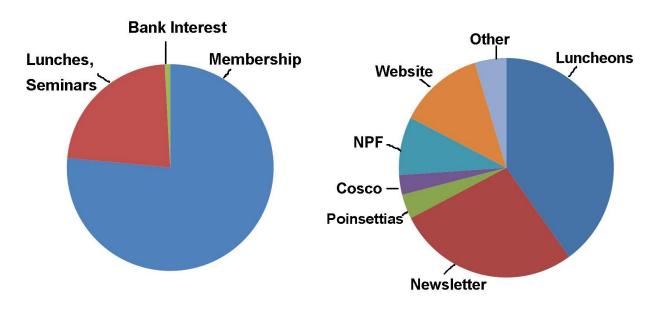
Cheq & Save \$858.85 Terms \$20 000.00 \$20 858.85 Estimated June 30, 2023

- * \$ 750.00
- * \$18 000.00 \$18 750.00

Budget 2023-2024 Financial Charts

Where our money will come from...

How our money will be spent



The Budget in Detail

BUDGET FOR 2023 - 2024

Based on Actual Revenue and Expenditure to April 27, 2023 estimated April 28 to June 30, 2023 revenue & expenditure.

	Budget 2022-2023	Actual 2022-2023	Budget 2023-2024
Income			
Membership	\$14 000.00	\$13 368.00	\$13 500.00
Lunches/Seminars	\$3 500.00	\$2 625.00	\$4 000.00
Bank Interest	\$ 100.00	\$ 134.26	\$ 150.00
Total Income	\$17 600.00	\$16 127.26	\$17 650.00
Expenses			
Luncheons	\$7 500.00	\$8 394.78	\$11 000.00
Workshops/Seminars	\$ 400.00	\$ 0.00	\$ 400.00
Newsletter (4 issues)	\$7 500.00	\$4 785.96	\$7 500.00
-Honourarium		\$1 850.00	
-Software		\$88.48	
-Printing & mailing		\$2 642.52	
-GST		\$87.37	
-Paper and ink		\$ 117.59	
Poinsettia	\$1 000.00	\$ 737.42	\$1 000.00
COSCO- membership -conference	\$ 300.00	\$ 300.00	\$ 300.00
-wellness inst - speakers	\$ 500.00	\$ 500.00	\$ 500.00
NPF- membership	\$ 350.00	\$ 350.00	\$ 350.00
-convention expenses			\$2 000.00
Miscellaneous	\$ 600.00		\$ 500.00
-Zoom subscription		\$ 74.00	
-Envelopes & stamps		\$83.84	
-Gifts		\$83.97	
-Executive lunch		\$ 67.80	
Scholarship/speaker			
Speakers	\$ 300.00	\$ 0.00	\$ 200.00
Web Site	\$3 500.00	\$1 150.03	\$3 500.00
-Technical Support hours		\$ 571.00	
-Hosting (to 2026) & Domain License (1	yr)	\$ 579.03	
Office and Administration	\$ 300.00	\$ 0.00	\$ 200.00
Total Expenses	\$22 250.00	\$16 527.80	\$27 450.00
Gain (Loss) for Year	(\$4 650.00)	(\$ 400.54)	(\$9 800.00)

Friends of the VRTA (FOVRTA)

Scholarship & Bursary Fund

Note: The Friends of the Vancouver Retired Teachers' Association is the charity "arm" of the VRTA. Following CRA regulations, the Friends are a separate organization that must have its own Annual General Meeting. When you give to the scholarship fund, you must give to the Friends (FOVRTA—VanCity Community/RRSmith Fund) and not the VRTA. All Members of the VRTA are members of the Friends of VRTA.

Minutes of Last FOVRTA AGM 2022

June 7, 2022 - 4th FOVRTA AGM Called to order at 11:30 am. The agenda and minutes of the previous meeting (June 8, 2021) were approved.

Ros showed a video prepared by the UBC Awards department describing the importance these awards made in the careers of three former FOVRTA Award recipients in nursing and education.

A successful fundraiser lunch in December 2021 pushed the fund comfortably over \$10,000 and thus the Board approved in April providing UBC Awards Department with \$2000 for FOVRTA awards. Treasurer Dave Ellis then gave his report, stating the fund, as of May 12, 2022, was at: \$12,151.

New Board for 2022-23 elected: Winola Chu; Dave Ellis, Rosalind Kellett; Sheila Pither; Norma Westrom, Lizette Pappas. All six were acclaimed.

> Donate to the scholarship fund today! (see VRTA website)



Recent FOVRTA Award Winners: From left: Jennifer McDougall, Mariko Sakomoto, and Denise Beaton

FOVRTA President's Report

It has been a pleasure to see our scholarship fund grow enough each year so we can continue to support our two UBC Awards. We have been able to provide UBC with funds for two awards of \$1,000 in each of the past two years.

We hope to expand our program to recognize students at Simon Fraser University by growing our account to \$20,000. If you are skilled at fundraising, please contact Ros or Dave to share advice and consider joining us.

We thank the VRTA for paying for the 2022 Christmas Lunch and allowing those participants' fees to be donated to the Vancity Community/RR Smith Foundation Fund, treasurer Dave Ellis for his record keeping and board members for their devotion.
—Ros Kellett

FOVRTA AGM Agenda 2023

The meeting will start immediately at 11:30 am, prior to the Lunch and start of the VRTA AGM

- 1. Minutes of 2022 AGM
- 2. **Reports**: President; Treasurer
- Election of Directors of Friends of VRTA Fund- Positions for Election—6 Directors (1 year terms): President; Treasurer; Secretary; Members-at-Large (3)

Treasurer's Report

Balance May 2022	\$12,151	
Donations 2022	\$3,535	
Donations 2023	\$135	
Interest 2022	\$627	
UBC Scholarships	minus\$2,000	
Current balance	\$14,448	
May 2023	-Dave Ellis	

Live Stage Offerings

May to August 2023



JOKES

-from the Internet Prepared by Winola Chu

1. Why does the climate want privacy?

- 2. How can you tell the ocean is friendly?
- 3. What do trees wear to the pool party?
- 4. What's the most "lively" recycling centre?
- 5. How do oil companies deal with a tanker spill?
- 6. Why didn't the dendrologists get married?
- 7. Give the name for a group of Prius cars.
- 8. What did the first EV owner say to the second one dawdling at the charging port?

**********Answers*******

1.It is changing!

2. It waves a lot.

3. Swimming trunks.

- 4. The organ transplant operating room.
- 5. They hire a slick lawyer.
- 6. He only ever dated trees.
- 7. A Prii!
- 8. Hurry up or I'll socket it to you!

The Arts Club Stanley Theatre has two interesting plays coming up "The Legends of Georgia McBride " based on calling 604-224-8007. a young Elvis impersonator who becomes a successful drag queen. The play runs until May 21st. **Beautiful: the** Carole King Musical runs from June 8th to August 6th, featuring King's popular songs.

At the Granville Island Stage, the Art Club is presenting the Million Dollar **Quartet**—highlighting 90's famous jam session. The show runs from June 22nd to Aug.6th. Visit artsclub.com or call 604-687-1844

At the United Players, "A Flea in Her Ear," runs from June 2nd to June 25th. Preview running on June 1st for \$15. Showtimes are Thursdays to Saturdays at 8 p.m.

and Sunday matinees at 2 p.m. Tickets can be obtained from unitedplayers.com or by

Bard on the Beach runs from June.8th to Sept.20th. "As You Like It" and then "Julius Caesar" will be performed on the Mainstage, while "Henry V" and "Goblin: Macbeth" will be featured on the Howard Family Stage. For information, visit bardonthebeach.org or call 604-739-0559.

Theatre Under the Stars presents two musicals - "Roald Dahl's Matilda The Musical" and "The Prom." The shows will run from July 6th until August 25th on alternating nights, with preview nights from July 6th to 9th. Visit tuts.ca or call 604-631-2877.

- Ora Fraser

THEME & DEADLINE for the **NEXT ISSUE - Friday** July 28 2023

How did you obtain and buy your Housing?

Or your Top 3 articles! Keep this to about 100 words.



Send letters, advice, photos or news to editortabloid@gmail.com

Add name, email address & phone number. Keep under 150 words; they may be edited for length and clarity.

Editorial

Assistant Editor Ojassvi Jolly joined the Editorial team in October 2022 while finishing her degree in technology at Kwantlen College in Surrey. OJ, as she likes to be called, enjoys photography and using her editing skills to make the pages of the TABLOID more interesting! She has limited time, however, as she works fulltime in data management for a medical clinic and currently has a long commute from her home in Surrey. OJ is also helping update our membership lists on a regular basis and will help whoever becomes the next Membership secretary on the executive to stay up to date. Welcome to the VRTA, OJ, and may we see you regularly at our luncheons when you can! As for the fulltime Editor position, it is truly time one of our members step forward to fill this. Surely one of you love to write and promote our VRTA activities. This comes with some payment. Contact me or Winola to learn more.



OJ at Langara Golf Clubhouse waiting for that perfect photo opportunity!

ANNOUNCEMENTS



BCRTA Conference—

-Thur, Fri Sept 28, 29

BCRTA AGM—Sat Sept 30

-All at Hyatt Airport Hotel, Richmond

The National Pensioners Federation (NPF) Conference & AGM — Sept. 26, 27 in Ottawa

-Ros Kellett, retiring Editor

REGISTRATION FOR JUNE 22 –11:00 AM -AGM & LUNCH

the Royal Vancouver Yacht Club, 3811 Point Grey Road

Name(s):		
Ph:	Email:	

Enclose cheque for ___ attendee(s) @ \$45 Cheque payable to: Vancouver Branch—BCRTA Or Pay ONLINE—see details on front page

Those wishing vegetarian entrée/special diet, check here ___ See Page 1 for where to send. Register by Thursday June 15. TO AVOID DISAPPOINTMENT Donations for the FOOD BANK are appreciated

HAS YOUR POSTAL OR EMAIL ADDRESS CHANGED?

Laurie Boyd of the BCRTA prefers that you contact her 604 871 -2260 directly or using the ONLINE Form. https://bcrta.ca/ update-member-info/

Please also NOTIFY VRTA membership . Contact Vrtapresident.e@gmail.com

Write a cheque for the LUNCH:				
PAYABLE TO: BCRTA—Vancouver Branch				
Name (PRINT)	Cost of Lunch: (cheque) \$45.00			
Mailing Address:	City:Postal Code:			
In the Memo line: VRTA June 22 Luncheon	Phone No			
MAIL TO: VRTA Treasurer, Dave Ellis , 2086 Newport Avenue, Vancouver, BC. V5P 2H8				