

Making Sense of Your Pension, CPP, OAS and Group Benefits

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Making Sense of Your Pension, CPP, OAS and Group Benefits

WORKSHOP TOPICS

- Salary Indemnity Premium check for savings now
- Government benefits: BC Medical, Pharmacare
- Voluntary benefits: Life Insurance, Dental, Extended Health Benefits, Travel Insurance & other forms of Insurance
- Teachers' Pension Plan (TPP)
- Government pensions: CPP, OAS

Important Advisory!

- This is general information, not financial advice.
- We give general examples only.
- Consult with a Certified Financial Planner (CFP) for your personal situation.
- The final word for current policies and rates comes from government, TPP and so on.



Presentation docs and updates: <u>bcrta.ca/workshop/upb</u>

Questions during or after presentation? Send an email to: workshop@bcrta.ca

Our website: www.bcrta.ca



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Why Join BCRTA?

- Advocate for Public Health Care
- Direct Involvement in Pension Plan
- Insurance services at group rates
- Education
- RR Smith
- Golden Star Awards





Why Join BCRTA? Advantage program.







Are you 65 or eligible for an unreduced pension?

Salary Indemnity Plan

You may be able to save about 1.2% of your salary.

Why? Because you are no longer entitled to long-term disability benefits under the Salary Indemnity Plan (SIP) when you attain any of the following milestones:

- 35 years of contributory service, with a minimum . of age 55
- age 61, if you reach "Factor 90" before age 61
- "Factor 90" if you are between ages 61 and 65
- age 65.

It is up to you to apply to withdraw from long-term disability.

Ensure that in the event of serious illness or accident you have sufficient accumulated sick leave, which, when combined with 120 days of benefits from SIP short-term, will protect your salary to the end of the month in which you reach one of the milestones mentioned above.



BCTF To apply call BCTF Income Security at 604-871-1921.

Financial Preparation

BCRTA's Retirement Planning Guide

- Available as a Workshop Resource at bcrta.ca/workshop/upb/
- Rate yourself on your readiness
- Hot-links to source documents

$\mathcal{R}_{\mathcal{A}}$ B.C. Retired Teachers' Association

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I. Rate Yourself — Are You Financially Ready

General Retirement (Section Numbers in column 4 refer to Sections of the Complete Booklet/ page numbers of the booklet appear in column 1 below.)			No or Don't Know	If No see Section	If Yes Dollar Amount \$\$\$
1	I know how much income I will need each month during retirement. pp 10, 11, 12			1	
2	I know what actions to take if I don't have enough income. pp. 13-14			2	
3	I know how much my Canada Pension Plan Benefit will be. p.14			3	
4	I know how the CPP child rearing provisions work and the documentation needed to establish eligibility. p. 17			4	
5	I know when I will elect my Canada Pension Plan Benefit. p. 17			5	
6	I know when and how to apply for my Canada Pension Plan Benefit p. 18			6	B
7	I know how much my Old Age Security will be. p. 18			7	



Government Group Benefits Medical Services Plan (MSP)

- No premiums
- Covers:
 - Required physician services
 - Diagnostic Services (x-rays, lab services)
 - Basic hospital ward accommodation



Government Group Benefits MSP doesn't Cover

- Drugs
- Paramedicals physiotherapists, chiropractors, masseurs, etc.
- Vision Care
- Ambulance
- Private Duty Nurse
- Limited coverage in Canada when outside of BC
- Very limited coverage outside of Canada. Maximum \$75/day

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• Medical Equipment & Supplies



Government Group Benefits Fair PharmaCare

- Covers prescriptions on the Pharmacare formulary.
- Special Authority or Cancer Agency pays for some drugs
- Coverage amount is based on family income using income tax information (2 year lag)

Before Deductible	After Deductible	After Family Max.
You pay 100%	You pay 30%	You pay 0%



PharmaCare – Example

Net Family Income two years ago	Deductible	Family Maximum
\$60,000	\$1,800	\$2,400

Calculator can be found here:

https://www.health.gov.bc.ca/pharmacare/plani/calculator/calculator-2019.html



Straight talk about Insurance Plans

- Member pays all premiums
- Benefits are less generous than working benefits
- Usually a 60-day window to join without a health questionnaire - Be careful of gaps in service
- Usually can transfer from one group plan to another without a medical qualification



Do you need insurance?

- Catastrophic risk:
 - Medical Services Plan?
 - Extended health care?
 - Travel medical? Yes, if you travel!
 - House insurance?
- Budgeting aids
 - Trip cancellation/interruption/delay? Maybe.
 - Dental insurance? Maybe.
 - Life insurance? Maybe not anymore.



Health Insurance Options – EHC

- Active teachers' plan? TTOC?
- Group plan with spouse. (Subsidized?)
- BCRTA group plans using Johnson Insurance
- TPP Group plan using Green Shield
- Individual EHC plan







What's available?

Pension Plan Members



- Extended Health Care
- Dental
- Travel

BCRTA Members Only



- Extended Health Care
- Dental
- Travel 2 plans with trip cancellation

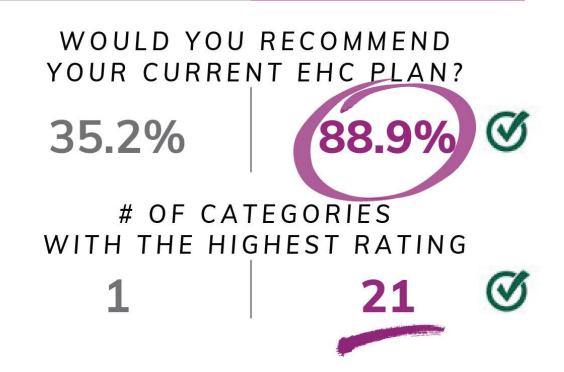
- Trip Cancellation stand alone
- Home
- Life



bcrta.ca/ehcsurvey

Satisfaction Survey

Green Shield Plan Users Prestige Users



	Green Shield Canada (TPP) Extended Health Benefits	Johnson Inc Extended Health Care w/ Prestige Travel
Plan Percentage	80% (1st \$1,000); 100% thereafter	80%
Deductible	\$200 per person per calendar year (excludes insulin injectors, hearing aids, vision care)	None
Lifetime Maximum	\$200,000	\$250,000
Prescription Drugs	Covered -Direct Pay Drug Card -PharmaCare Low Cost Alternative (LCA) & Reference Drug Program (RDP) pricing -8% mark-up limit -8% mark-up limit -\$10 dispensing fee cap per script - No vaccines	Options available -Direct Pay Drug Card -BC Provincial (i.e. PharmaCare) Formulary -PharmaCare Low Cost Alternative (LCA) & Reference Drug Program (RDP) pricing -8% mark-up limit -\$10 dispensing fee cap per script - Vaccines (\$100 per calendar year)
Health Education	Not Covered	\$100 per calendar year
Hearing Aids	\$1,400 per 4 calendar years -reimbursed at 100%	\$1,400 per 4 calendar years
Home Care	\$50/day -up to 10 days after hospital stay -care must be from LPN or RN	\$50/day -up to 10 days after hospital stay



	Teachers' Pension Plan (TPP) Extended Health Benefits	Johnson Inc Extended Health Care w/ Prestige Travel
Hospital Accommodation	Covered -semi-private or private room	\$100/day -reimbursed at 100% -semi-private or private room
Medical Aids and Appliances	Covered (some limits apply)	Covered (some limits apply)
Paramedical Services	Combined \$1,000 per calendar year	Combined \$1,000 per calendar year
Private Duty Nursing	Covered	\$3,000 per 3 calendar years
Vision Care	\$300 per 2 calendar years -reimbursed at 100%	\$300 per 2 calendar years
Eye Examinations	Covered -included in Vision Care maximum	1 exam per 2 calendar years -up to \$100
Travel	Out-of-Province (within Canada) only -reimbursed at 100% -included in lifetime maximum	Out-of-Province & Out-of-Country -reimbursed at 100% -\$5,000,000 per year -multi-trip plan (up to 62 or 93 days per trip) -trip cancellation / interruption (\$8,000 per trip)

*This summary does not constitute a contract/certificate of insurance. For complete plan details and limits, please refer to the governing documents for each plan.





• As of September 1, 2022

	Single	Couple	Family
<mark>\$ 2,000 drug max</mark> .	\$105	\$180	\$243
\$ 4,000 drug max	\$146	\$250	\$333

Note: Begin by choosing the \$2,000 Maximum for drug coverage. You may move up to the \$4,000 level when you need it, and will have to stay at that level for at least 2 years.

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Green Shield EHC rates – monthly



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• As of February 1, 2023

	Single	Couple	Family
Retired member	\$98.95	\$198.09	\$384.94

Source: https://tpp.pensionsbc.ca/retirement-health-coverage-premiums



Johnson EHC-only yearly premium comparison

	Johnsons EHC - \$2000 max drug	Green Shield
Single	\$ 1260.00	\$ 1187.40
Couple	\$2160.00	\$2377.08
Deductible	0	\$ 200.00/person
Total Single	\$1260.00	\$ 1387.40
Total Couple	\$2160.00	\$2777.08

September 1, 2022

February 1, 2023



Travel Insurance - What's available?



BCRTA Members Only

- 2 different travel options
- Trip Cancellation included with above options or stand alone

• Pension Plan Members with Green Shield EHC or dental

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All plans:

- One-year policy covers any number of trips to max. length
- Pay premiums by pre-authorized payment or credit card



MEDOC and Prestige Travel – What's the same?

- Maximum \$5,000,000 per person per year. COVID-19 coverage included.
- Trip Cancellation/Interruption benefit \$8,000 per person per trip Includes trips within your province.
- Baggage & Personal Effects coverage \$1,500 person/\$3,000 family
- Vehicle Return benefit up to \$5,000 (previously \$2,500)
- Replacement of Lost Documents up to \$500
- Any number of trips within Canada can be of an unlimited duration
- Inclusion of Accidental Death and Dismemberment (AD&D) benefits up to \$25,000
- Non-Medical Emergency Evacuation up to \$5,000
- First payer / Does not access your EHC benefits (life-time maximum issue)



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MEDOC or Prestige Travel?

Medoc	Prestige
17 or 35 days	62 days or 93 days
90 day stability	Sudden or Unforeseen
Health option questionnaire for lower	No questionnaire
premiums.	

Coverage for longer trips can be arranged for both plans.







30 or 60 day trips only.

(cannot increase length of coverage)

90 day stability clause

No health option questionnaire



Comparison:	Prestige and Medoc	Green Shield
Trip Cancellation	\$8000	No
Baggage	\$1500/person	No
Document	\$500/person	No
replacement		
Non-medical	\$5000	No
evacuation		
Flight accident	Up to \$100,000	No
Accidental Death	Up to \$25,000	No
Extending trip?	Yes, with conditions	No

Johnson EHC with Prestige travel - monthly rates. EHC and Travel combined. As of September 1, 2022 No Deductible – 62 day base plan

Plan 2: Born in 1940 or later:

UNDER 75	SINGLE	COUPLE	FAMILY
\$2,000 MAX.	\$157	\$284	\$371
\$4,000 MAX.	\$198	\$354	\$461
AGE 75-84	SINGLE	COUPLE	FAMILY
\$2,000 MAX.	\$265	\$493	\$635
\$4,000 MAX	\$306	\$563	\$725

Note: Begin by choosing the \$2,000 Maximum for drug coverage. You may move up to the \$4,000 level when you need it and will Have to stay at that level for at least 2 years.



Johnson EHC with Prestige travel - monthly rates. EHC and Travel combined. As of September 1, 2022 \$1,000 deductible – 62 day Base Plan trip

Plan 2: Born in 1940 or later:

UNDER 75	SINGLE	COUPLE	FAMILY
\$2,000 MAX.	\$151	\$274	\$359
\$4,000 MAX.	\$192	\$344	\$449
AGE 75-84	SINGLE	COUPLE	FAMILY
\$2,000 MAX.	\$249	\$462	\$596
\$4,000 MAX	\$290	\$532	\$686

Note: Begin by choosing the \$2,000 Maximum for drug coverage. You may move up to the \$4,000 level when you need it and will Have to stay at that level for at least 2 years.



Medoc monthly rate examples - no deductible Complete rate schedule in Resources at: <u>bcrta.ca/workshop/upb/</u>

Age		55 years	65 years
Optimum	17 day trips	\$11.00	\$ 14.83
	35 day trips	\$ 12.08	\$ 16.25
Preferred	17 day trips	\$ 12.83	\$16.92
	35 day trips	\$ 14.25	\$ 18.67
Standard	17 day trips	\$ 21.83	\$ 33.67
	35 day trips	\$ 24.08	\$ 37.25

Rates effective Sept. 1, 2022 – Aug. 31, 2023 Lower rates are available with a \$1000 deductible Longer trips are available with additional premiums



Green Shield Travel rates – monthly

Rates effective February 1, 2023



		Single	Family
30 Days	<60	\$13	\$26
	60-69	\$18	\$36
	70-79	\$39	\$78
	80+	\$86	\$172
60 Days	<60	\$24	\$48
	60-69	\$41	\$82
	70-79	\$86	\$172
	80+	\$182	\$364
CRTA		1	

Note: Green Shield versus Johnson Travel

- Green Shield travel rates shown for default plan of 30 days
- Johnson travel rates shown for 62 days (basic plan)
- You get 75% longer coverage on Johnson's basic plan



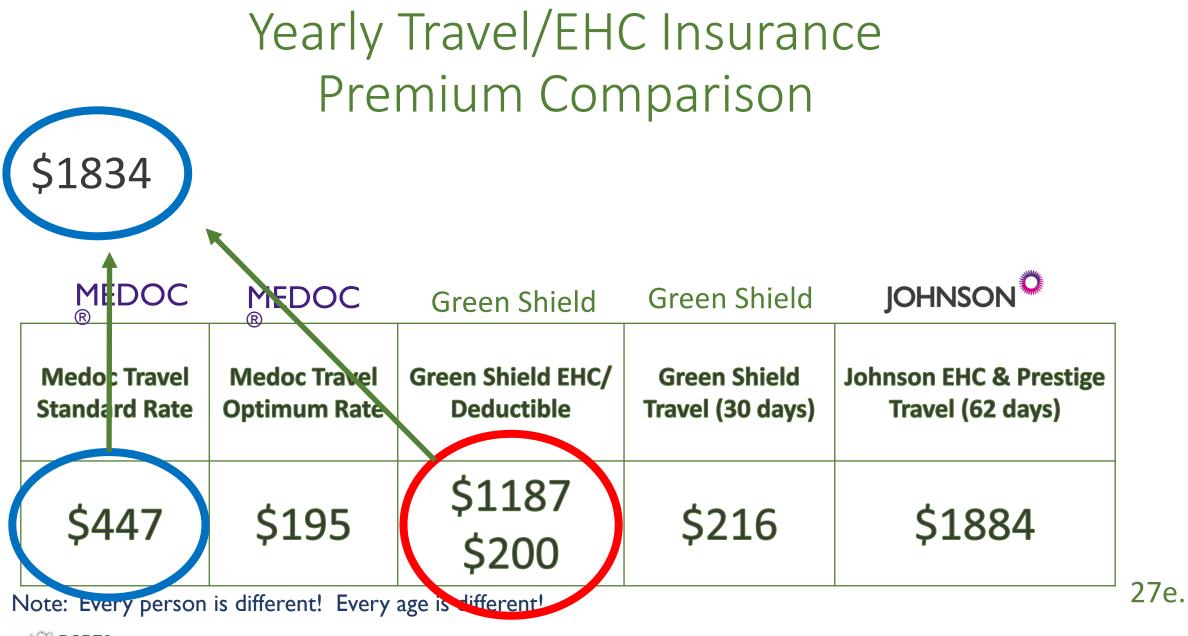
Yearly Travel Insurance Premium Comparison

- <u>65 year old single with 35 day max. travel/trip</u>
- Rates as of Sept.1, 2022. Johnson EHC with \$2,000 max.

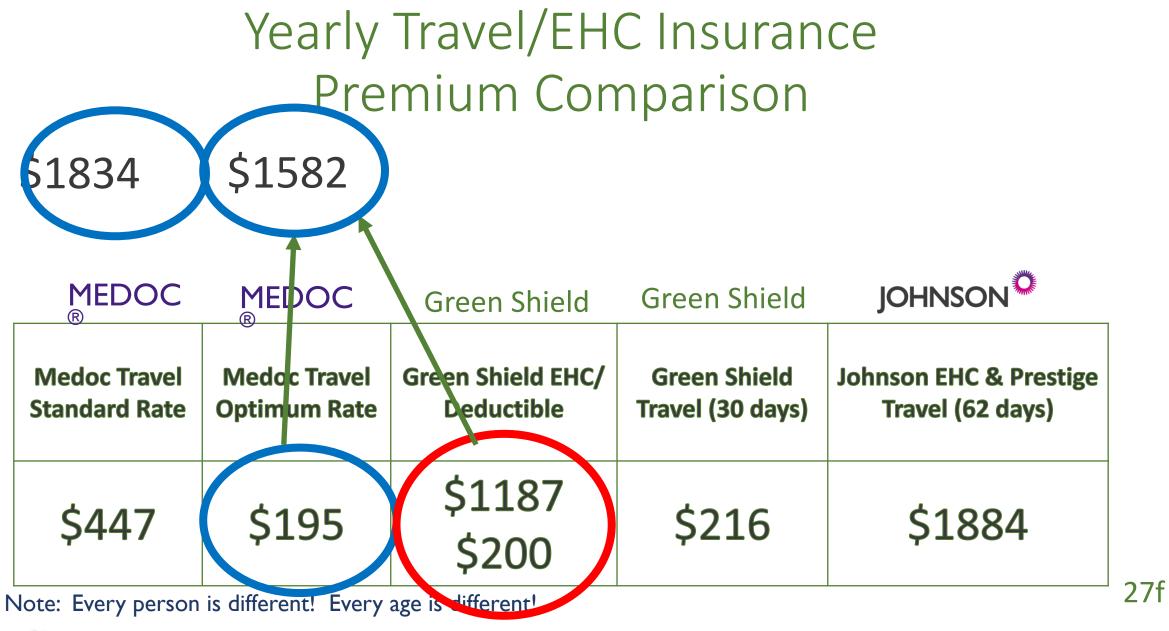
R R R R R R R R R R R R R R R R R R R	MEDOC ®	Green Shield February 1, 2023	Green Shield February 1, 2023	JOHNSON
Medoc Travel Standard Rate (35 days)	Medoc Travel Optimum Rate (35 days)	Green Shield EHC/ Deductible	Green Shield Travel (30 days)	Johnson EHC & Prestige Travel (62 days)
\$447	\$195	\$1187.40 \$200	\$216	\$1884.00

Note: Every person is different! Every age is different!

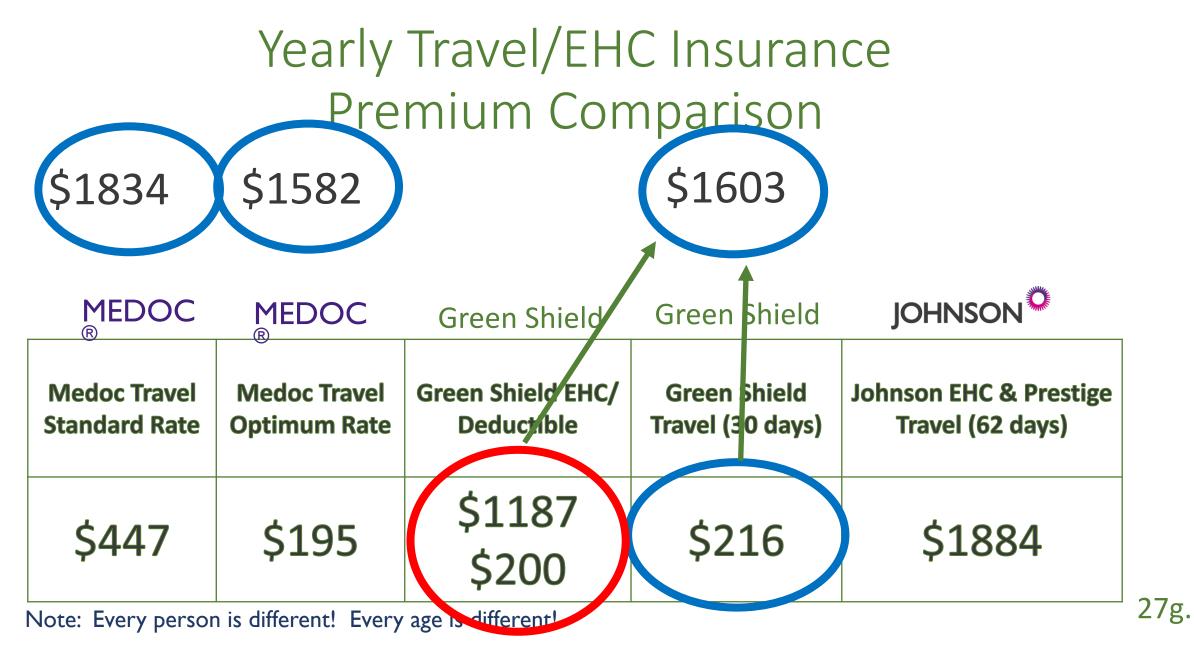




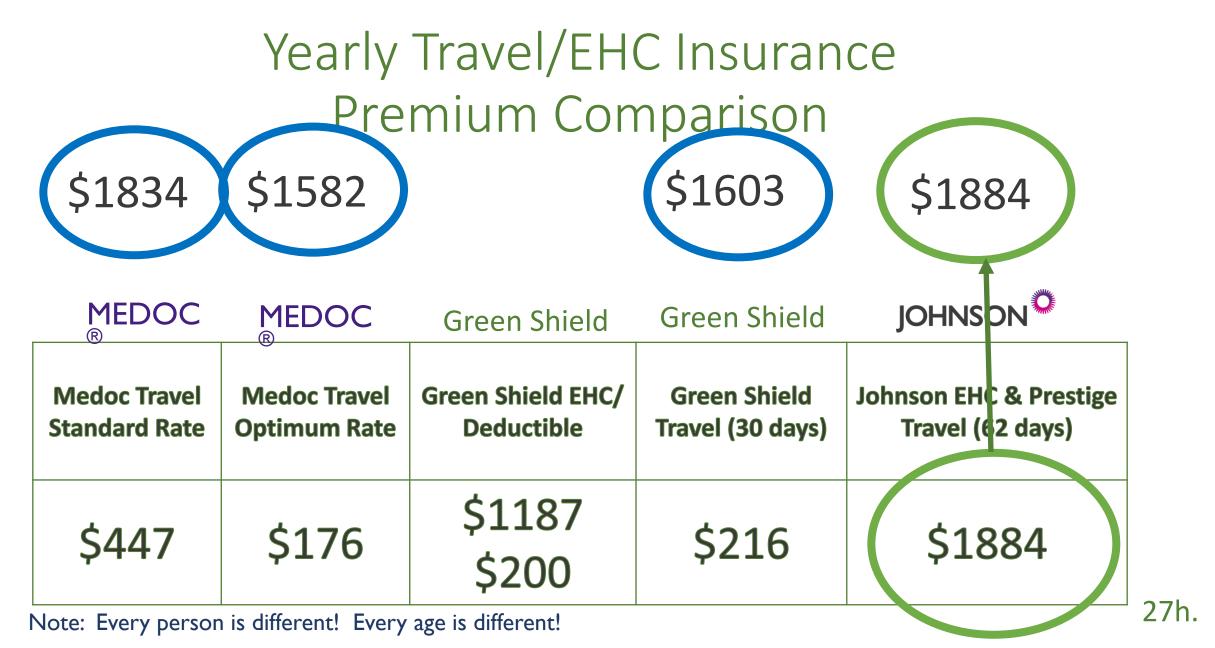












BCRTA BC Retired Teachers' Association

Travel Insurance Questions?

- Base rates are not the only consideration!
- What coverage do you need?
 - Multi-trips in a year?
 - How long are you out of the province/country?
- Pre-existing conditions?
 - Did you complete your Health Option Questionnaire correctly?
- Stability clause? Sudden and unforeseen?



Travel & Trip Cancellation Insurance

- Your active Teachers' Benefit plan includes travel but no Trip Cancellation
- BCRTA options:
 - Johnson Medoc
 - Johnson EHC with Prestige Travel
 - Stand Alone Trip Cancellation
- Other options: BCAA, travel agent, credit card (Usually more expensive.)



MEDOC[®] Travel Insurance



Trip Cancellation & Trip Interruption Plan – also available to friends and family.

Coverage Highlights:

- Annual, Multi-Trip Plan
- Up to a maximum of \$12,000 per insured person, per trip for any number of trips
- Baggage and Personal Effects up to a maximum of \$1,500 per person, per trip, to a maximum \$3,000 per family
- Document Replacement up to a maximum of \$200
- Up to \$400 per person, to a maximum of \$1,000 per family, for the purchase of necessities





Dental Insurance Options

- Active teachers' plan if allowed/TOC
- Group plans available for BCRTA members
 - JOHNSON^O
- TPP plan through Green Shield
- Individual Plans

Note: Dental plans often work more like a budgeting tool than an actual insurance plan because of limits. Get advice from your dentist.



Dental Plan Comparisons



	TPP Dental Plan	BCRTA Prestige Dental Plan		
Basic & Preventative	70%	80%		
Minor Restorative	70%	80%		
Major Restorative	Essential Plan: Not Covered Enhanced Plan: 70%	50%		
Plan Maximums	Essential Plan: Combined \$1,000 per calendar year (Basic, Preventative & Minor Restorative) Enhanced Plan: Combined \$2,000 per calendar year	Basic & Preventative: No maximum Minor Restorative: \$750 per calendar year Major Restorative: Crowns, Posts, Inlays & Onlays: \$700 per calendar year Bridges, Dentures & Implants: \$700 per calendar year		
Scaling & Root Planing	13 units per calendar year	8 units per calendar year		
X-rays	Panoramic: 1 per 5 years Complete: 1 per 3 years	Panoramic: 1 per 3 calendar years Complete: 1 per 3 calendar years		
Fillings	Amalgam equivalent on permanent molars & all primary teeth	Amalgam equivalent on molars	HOME·CAR·TRAVEL	
Endodontics	1 per tooth per lifetime #	1 per tooth per 5 calendar years		

Dental Insurance Premiums - yearly

• Per person, yearly premium

Coverage	Johnson	Green Shield
Essential		\$386.28
Enhanced	\$780	\$730.68

Sept 1, 2022

Feb. 1, 2023

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Note: This is not an apples to apples comparison as each policy has different coverage language and limits.



Life Insurance Options

- Do you still need Life Insurance?
- Convert your current employee benefits program?
 - You pay full premiums, your benefits will be greatly reduced
- Johnson Life insurance available, Call for best friend's advice
 - Term Life between \$25,000 and \$150,000 with short form medical questionnaire. Premiums guaranteed not to increase for 10 years.





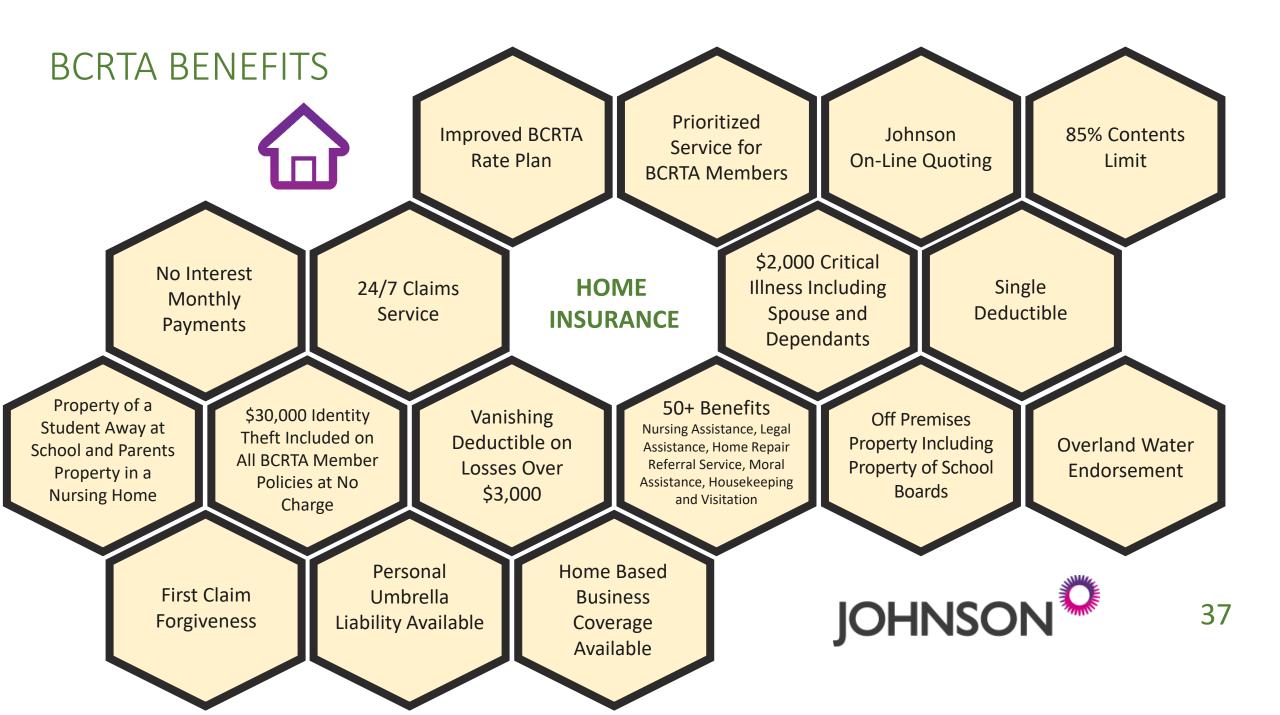
House Insurance - Options

• Available to BCRTA members through Johnson

- Call for "best friend' advice
- 5% discount for Johnson's policy holders
- Includes identity theft and restoration
- Individual policies







Johnson Contact Information



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• You must be a member of the BCRTA to access our insurance policies

Toll free: 1-866-799-0000

- Email: pbservicewest@johnson.ca
- MEDOC 1-866-606-3362
- EHC and Prestige Travel 1-877-989-2600

<u>http://bcrta.johnson.ca/</u>

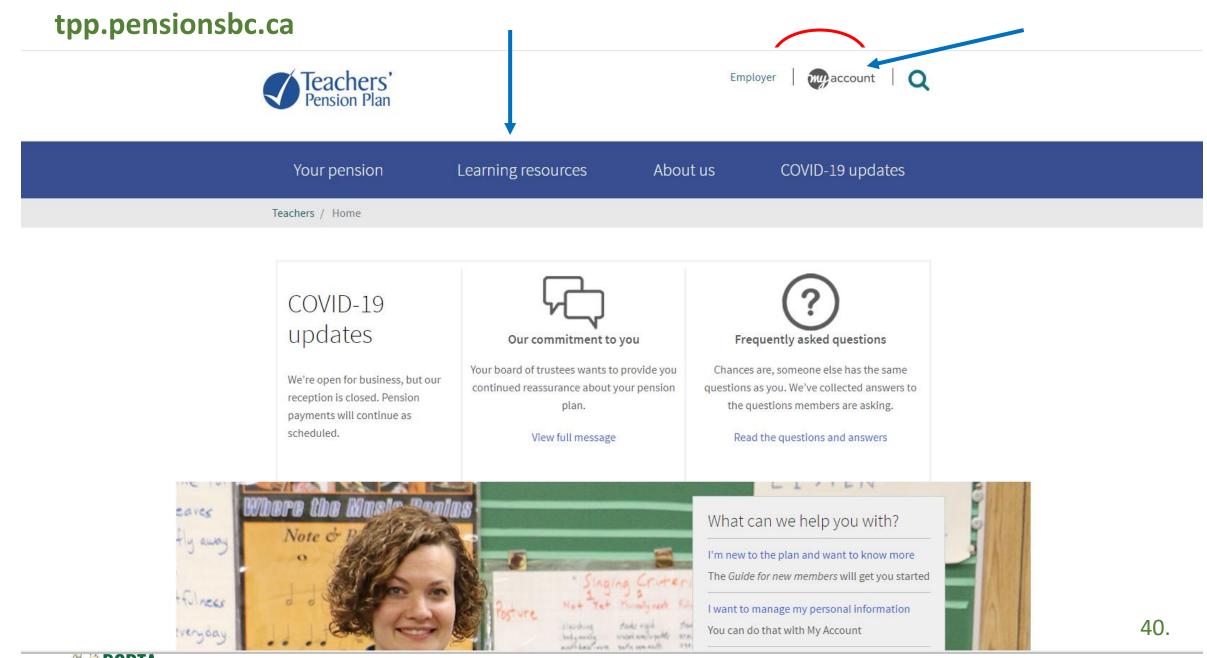


BC Teachers' Pension

- Largest Source of Retirement Income
- Annual Member's Benefit Statement
- Defined Benefit (DB) plan
- New plan changes
- Pension Options
- Our pension is indexed annually
- Child-rearing credit available
- TPP Website Tools and Learning resources: **tpp.pensionsbc.ca** 39









TPP "My Account" Information

- Annual Members Benefit Statement
- Member Education
- Personal Information
- Beneficiaries
- Service Summary
- Pension Estimator
- Purchase Cost Estimator
- Can 'retire' on line (unless former spouse or LTD) 41



New Plan Changes (2018)

All service (both old and new) is counted in your pension calculation.

Retire in 2022 at age 59				
1990 – 2017 28 years service in old plan				
2018 – 2022 5 years service in new plan				
Retire in 2026 at age 59				
	ie in 2020 at age 33			
1995 — 2017	23 years service in old plan			

Source: TPP Annual Report 2017



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Pension Reduced or Unreduced

- On service up to end of 2017, unreduced if:
 - Factor 90: age at retirement + all contributory service = 90
 - Or age 60 (if 2 years service)
 - Reduction factor 3%/year (pro-rated monthly)
- On service from 2018, unreduced if:
 - 35 years total contributory service
 - Or age 61 (if 2 years service)
 - Reduction factor 4.5%/year (pro-rated monthly)
- Member's Benefit Statement
 - "Earliest Reduced" —age 55
 - "Earliest Unreduced" age 61 or 35 years contributory service

42c.

- "Unreduced" -age 65
- "Latest Retirement" -age 71, December 1



Pension Options

- Who are you protecting?
- Self or Beneficiary
 - Single Life 0, 5, 10 or 15 year guarantee
- Spouse
 - Joint Life to appropriate amount
 - 0% to <60% Joint life **if waived by spouse**
 - A guarantee?



Pension Options

Monthly pension	Basic lifetime	Bridge benefit	Temporary annuity	Pension to 65	Pension after 65	Survivor's pension
option	benefit					•

Single life options

Single life	\$2,418	\$838		\$3,256	\$2,418	
guaranteed 5 yrs						
Single life	\$2,404	\$838		\$3,242	\$2,404	
guaranteed 10 yrs						
Single life	\$2,380	\$838		\$3,218	\$2,380	
guaranteed 15 yrs						
Single life	\$2,307	\$838	\$580	\$3,725	\$2,307	
guaranteed 10 yrs						
+ temp. annuity						

61 year-old female with a 64 year old spouse. 25 years teaching experience and a current highest average salary of \$6251 retiring at 62 years of age.

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Monthly pension option	Basic lifetime benefit	Bridge benefit	Temporary annuity	Pension to 65	Pension after 65	Survivor's pension
Joint life options						
100% joint life	\$2,234	\$838		\$3,072	\$2,234	\$2,234
100% joint life + temp annuity	\$2,144	\$838	\$580	\$3,562	\$2,144	\$2,144
80% joint life guaranteed 10 yrs	\$2,266	\$838		\$3,104	\$2,266	\$1,812
80% joint life guaranteed 15 yr	\$2,259	\$838	-	\$3,097	\$2,259	\$1,807
60% joint life guaranteed 10 yrs.	\$2,298	\$838		\$3,136	\$2,298	\$1,378
60% joint life guaranteed 15 yrs.	\$2,287	\$838		\$3,125	\$2,287	\$1,372
40% joint life guaranteed 10 yrs.	\$2,332	\$838		\$3,170	\$2,332	\$932



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Typical Incomes – new pensions

Service	Salary	Average Pension	Value*	
10 — 15	\$81,000	\$18,800	\$332,000	
20 — 25	\$86,000	\$33,900	\$643,000	
30 — 35	\$90,000	\$52,200	\$1,108,000	

- Average Present Value
- Average New Pension for all Groups is \$36,100 Source: TPP Annual Report 2019



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Canada Pension Plan (CPP)

- CPP retirement, disability and/or survivor pensions
- Formula based on contributions
- Child rearing credits available
- Indexed annually
- Early or Late?
- CPP Post-Retirement Benefit also available



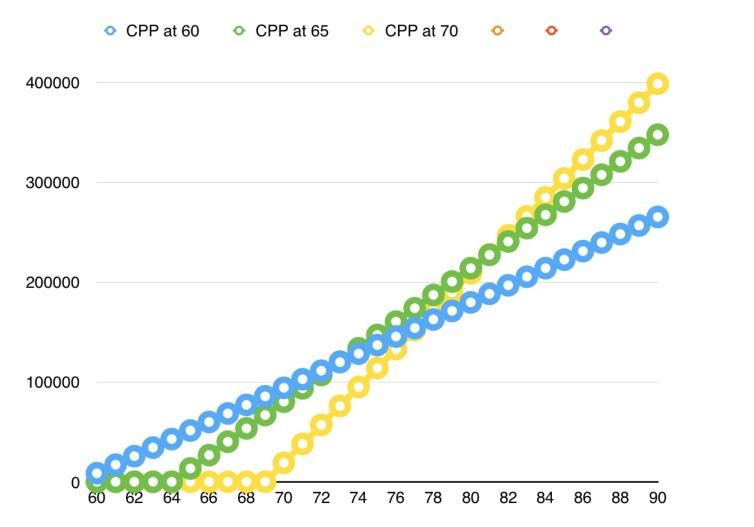
CPP Retirement Pension 2023 Monthly Amounts

- Age 65 maximum = \$1,306.57
- Age 60 maximum = \$ 836.20 (Minus 7.2%/year)
- Age 70 maximum = \$1,855.33 (Add 8.4%/year)
- Average age 65 CPP pension (October 2022) = \$717.15

CPP Indexation January 2023 6.5%



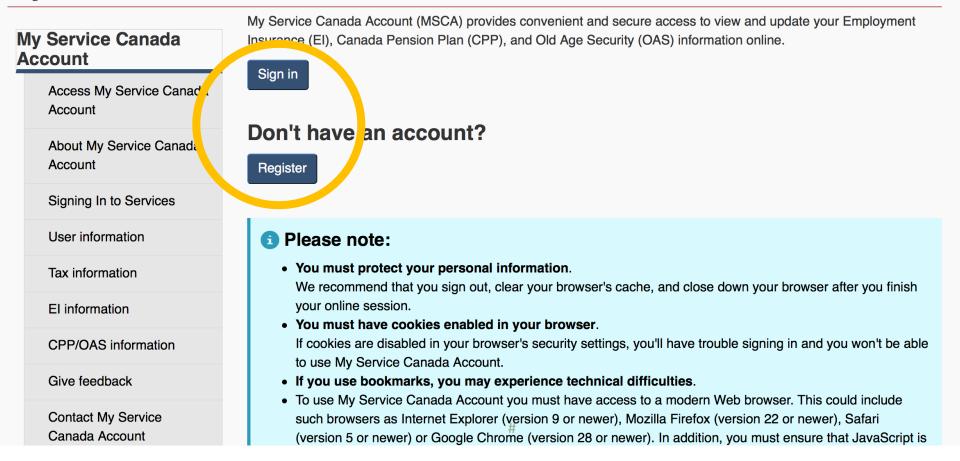
CPP - Early or Late





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Jobs 🗸	Immigration 🗸	Travel 🗸	Business 🗸	Benefits 🗸	Health 🗸	Taxes 🗸	More services 🐱
Home → Employment and Social Development Canada							

My Service Canada Account



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Old Age Security (OAS)

- Monthly Government pension at age 65
- Not pre-funded Plan is paid out of general revenue
- Really a social programme
- Reciprocal with other countries
- Based on residence in Canada after age 18
 - 10 years to qualify
 - 40 years for maximum
- Indexed quarterly



OAS Monthly Amounts January 2023

- Maximum = \$687.56 (indexed quarterly)
- Maximum age 75+ = <mark>\$756.32</mark>
- Can be deferred at age 65
- Starting later? Add 7.2% each year.
- Start at age 70 maximum = \$935.08
- 15% Clawback starts at \$86,912 net income for 2023 (starts the following July)
- OAS fully taxed back at \$134,626 net
- Guaranteed Income Supplement (GIS) if lower income
- Apply through Service Canada



Personal Savings, Assets and Work

- Personal savings and assets can be converted to a stream of income (annuity)
- RRSPs converted to a RIF or self-administer
 - You must, by Dec. in the year you turn 71.
- Working in retirement does not affect your Teachers' pension
- Get individual certified financial planner help. EFAP may pay. Get help at FP Canada www.fpsc.ca
- Fee for service vs. indirect compensation





Taxes on Retirement Income

- Retirement income is taxable
- TPP taxed at source (TD-1)
- CPP and OAS can be taxed at source
- RRSP's/RIF's both are taxed
- GIS non-taxable
- TFSAs not taxable
- Usually about 19% withheld from your pension
- Ernst and Young Tax Calculator at www.ey.com/ca/taxcalculator



To get presentation docs and updates:



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Travel Rates

Understanding Pensions and Benefits - Materials

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BCRTA's Retirement

Planning Gui



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Expense Calculator

Resource 2 (DOCX VERSION









