

Volume 1, Number 3

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# PQRTA Newsletter

A publication designed for communication between the Parksville Qualicum Retired Teachers' Executive and PQRTA Members

**PQRTA** President **Judy Stewart** at the podium

With a mixture of humour and grace our new PQRTA President presided over the event and proved a worthy successor to Cathy Van.



News flash...News flash...News flash...News flash...

This just in...PQRTA Seasonal Luncheon at Eaglecrest a success!

More than 30 PQRTA members attended our annual seasonal luncheon this year. Attendees ranged from brand new retirees to at least one of our Life Members. Many took the opportunity to don their holiday finery. One and all agreed that the food was delicious and plentiful, with plenty of traditional seasonal dishes as well as a vegetarian option, and that the service at Eaglecrest was excellent.

Amongst the festivities, we managed to squeeze in a little bit of PQRTA business with a small constitutional change to the rules of auorum.

We also had the opportunity to hear from our 'dual citizen', PQRTA member & BCRTA President Arnie Lambert who gave encouraging news about the potential cost of living increase to our pension that we may look forward to in January. He also shared updates about some recent and upcoming improvements to the BCRTA's Extended Health Benefits and Dental plans, and gave us a heads up to watch out for a potential new name for the plan.



PQRTA Members enjoying themselves



Programs co-Chair Jennifer Coomes

Happy Holidays to You & Your Family

### SAVE THE DATE SAVE THE DATE SAVE THE DATE

When: Tuesday, February 27, 2024, 1:00 to 3:00 pm Where: Arrowsmith Hall, 1014 Ford Road, Coombs

Come and join us for an informative and relevant session with BC's Seniors' advocate **Isobel Mackenzie**.

In the fall of 2023 Ms. Mackenzie released the results of a survey of the experiences of 10,000 BC residents in long-term care and 8,000 of their family members or close friends. The results of the report, titled "Every Voice Counts", identified eight areas of concern including frequency of bathing, help at mealtimes, meaningful activities and social engagement. Residents gave high marks to long term care staff, who they said they trust to look after their needs.

Ms. Mackenzie will present more about her survey findings and her recommendations regarding those key areas of concern.

After Ms. Mackenzie's presentation and Q&A session, take a few minutes to socialize with fellow retired teachers. Coffee, tea and goodies will be served. Please consider bringing your own water bottle or mug.

Are you eligible to become

BCRTA/PQRTA **Life** 

Member

All you have to do is celebrate your

#### 90th birthday.

Please let us know when you turn 90 so we can update your status to Life Member!



## Sad News...

At the end of our seasonal luncheon, as volunteers delivered poinsettias to our Life Members, we discovered that long-time PQRTA member Lawrence Holobof had passed away in May. Lawrence, known to friends as 'Slim', taught in the Lower Mainland and moved to Qualicum Beach after retirement in 1993. He and his wife travelled extensively and when not travelling he loved to garden, to build and fix things and to entertain in his home. He was known as an "amazing" storyteller. Lawrence was 95. His funeral was held on May 26th at the Church of Ascension on Wembley Road in Parksville.

## **PQRTA Executive**

Parksville Qualicum Retired Teachers' Association Executive consists of 8 PQRTA Members who share a passion for supporting our fellow members and other seniors in the community.

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