

NEWSLETTER OF THE DELTA BRANCH OF THE B C RETIRED TEACHERS' ASSOCIATION



THE TRUMNT Summer 2024

DRTA NO BELL LUNCHEON

Special Guest BCRTA 1st Vice-President CAROLINE MALM will speak about the BCRTA ADVANTAGE PROGRAM

Date: Wednesday, September 4

Place: Sharkey's Seafood Bar & Grille

4953 Chisholm St. in Ladner (outdoor riverside patio with tables under umbrellas; inside dining room if raining)

<u>Time</u>: 11:30 am to 2:00 pm (time to socialize: 11:30 am with Lunch @ 12:30 pm; Caroline will speak at 1:15 pm followed by any questions. Prizes @ 1:45 pm

Menu choices:

- 1. Wrap (prawn or chicken or salmon or vegetarian)
- 2. Pub Burger (beef or chicken or salmon or vegetarian)
- 3. Pasta (seafood or chicken chorizo or vegetarian)
- 4. Fish & Chips (cod)

DRTA will provide a welcoming non-alcoholic beverage, as well as coffee, black or herbal teas, or juice/soft drink with your meal.

Alcoholic beverages are available, and on your tab.

Cost (subsidized by DRTA): Members \$20 Non-members: \$25

Make payments in cash or by cheque (payable to the DRTA)

Please RSVP with your food choice to Yvonne Chard (drtaevents@gmail.com).

RSVP DEADLINE IS AUGUST 30. INVITE A GUEST.

Gift certificates and other prizes to be won. Come and join in the fun!

President's Message

Welcome to another new term/year at DRTA. At our recent Spring Luncheon and AGM, Board Members were elected and Committee Chairs were appointed (refer to the list in this and every Truant issue). All positions were filled except for the Communication Chair. (We are now looking for a member to carry out this important role of distributing prepared messages to all members through emails and our Facebook page. Please contact me if you are interested or have questions.)

In addition, three delegates were elected to attend the BCRTA Conference/AGM on September 26 – 28: Angelika Hedley (Vice-President), Val Windsor (DRTA member) and myself. Pat Thiesen, as BCRTA Board Director, will also attend. During the AGM, Peter Yang, Co-President/Communication Chair for the past two years, announced that he would step back this year. On behalf of myself and DRTA, I'd like to thank him for his time and commitment. We look forward to his valued input as Past President this year, and his hoped-for return as Co-President next year.

In June, DRTA Board members got busy reaching out to new retirees at the various events in the Delta school district: the DTA Retirement Celebration; the Delta School District Retirement Celebration; and the DTA-sponsored Pension Workshop. Please invite any new retirees you know to join BCRTA/DRTA. Since June, the Board have been planning our No Bell Luncheon which has been set for Sept. 4th at Sharkey's in Ladner. We have invited back Caroline Malm (BCRTA First Vice-President) who gave a well-received presentation last September on health and travel insurance. This year, she will give a brief overview of the BCRTA Advantage Program and its many savings on various services and products.

We have booked our Christmas Luncheon for December 11, and by popular demand, we're bringing back the musical group BTO. Please mark your calendar. We're also planning new Pop-up Events such as a garden workshop, a games afternoon and possibly a major field trip. Please stay tuned.

I hope you'll join us at our upcoming No Bell Luncheon and/or at our next Popup Event. Most importantly, please share any ideas or suggestions you may have to help us improve. Remember, YOU are the DRTA.

Annie Coblin, President

Delta Retired Teachers Association Board for 2024-25

President Annie Coblin <u>acoblin@hotmail.com</u>

Vice-President Angelika Hedley <u>ahedley@telus.net</u>

Secretary-Treasurer Lois Wilkinson <u>rlwilk@telus.net</u>

Past President Peter Yang <u>py2010@telus.net</u>

Members-at-Large Yvonne Chard <u>ycretired17@gmail.com</u>

Suzan Olsen <u>seolsen@telus.net</u>

Truant Co-Editors Suzan Olsen and Pat Thiesen

deltaretiredteachers@gmail.com

The Committees and Committee Chairs are:

Social: Yvonne Chard

<u>Communications</u>: **Seeking someone to fill position**

Membership: Pat ThiesenHeritage: Peter ScurrChristmas Outreach: Joanne Thauli



From Left to Right: Yvonne Chard, Angelika Hedley, Annie Coblin, Lois Wilkinson, Pat Thiesen, Suzan Olsen

"For a community to be whole and healthy, it must be based on people's love and concern for each other."

Millard Fuller

Notes from the July Board Meeting

The Board met on July 17, 2024. The treasurer will prepare a budget for the next meeting for our next fiscal year. The DRTA Policies and Practices were presented with revisions. These were accepted and will be presented with a few edits at the next meeting.

Annie shared information from the Zone meetings and Angelika shared results of the member survey - this reflected that members are looking for more time and space to socialize at our lunches.

The next event will be held at Sharkey's where we will have either the entire outdoor patio or the entire indoor dining room for our luncheon on September 4th at 11:30 am and new members will get their first lunch free! Details will be shared via email and Facebook.

Lois Wilkinson, Secretary-Treasurer

"Retired Teachers of Delta" Scholarship Fund

I would like to support the Retired Teachers of Delta Scholarship Fund.

I understand the money will be used to support graduating students in their future studies.

(A tax receipt will be issued by the Delta School District for donations of \$25.00 or more.

Deadline for submissions, with our thanks: Jan.17, 2025. Send the following information to

c/o Finance Department, Delta School District, 4585 Harvest Dr, Delta BC.

V4K 5B4	
Enclosed is my cheque fo	r
Signature:	
Name (Please Print):	
Address:	
City:	Postal Code:



Report from the BCRTA

The final 2023-24 meetings of the various BCRTA Committees took place prior to the June 3rd in-person Directors' meeting. Although the installation was unannounced, construction on the new sliding wall between the previously unconnected 2 meeting rooms in the BCTF

building was completed just prior to the meeting, granting ample space for all attendees. The calendar for 2024-25 was set with a blend of Zoom and in-person meetings for each committee and only in-person ones for Directors. Discussions concerning the 2024 AGM with its venue set for the Vancouver Hyatt on Burrard Street, the approval of the Financial Statement, setting the new budget and reports from each Committee chair were completed.

In the Spring, each Zone holds an in-person meeting to share ideas and learn more about the benefits of being a part of the BCRTA. Caroline Malm and Pat Thiesen hosted the Metro-Fraser meeting at the Langley Teachers Association building. Great information was shared from each Branch's representatives.

The PostScript held its second Writers' Workshop on June 25th hosted by editor, Tim Anderson and assistant editor, Karen Cooper. The topic of authoring books of various genres was explored with several BC retired teachers and authors who had gone through the process of writing larger form material. Good information was provided by and for all. Best wishes extended to the aspiring author-participants.

A special ACER-CART (Canadian Association of Retired Teachers) meeting was held in Ottawa on June 6-8 with 4 BCRTA representatives attending. Much discussion concerning the Ontario Retired Teachers group having withdrawn from ACER-CART and how to proceed, led to ideas on re-structuring into 2 more-regional groups. Decisions will be conveyed as the information becomes available.

A reminder that if you have written any articles or photos you would hope to see published in the PostScript magazine, please send them to office@bcrta.ca. The next deadline is by the end of October, 2024.

To remain compliant with PIPA (The Personal Information Protection Act) the BCRTA has a Personal Information Privacy Protection document with which the DRTA must comply. In the past, the Truant published the names of our newest members, but can no longer do so without their permission.

The new 2024-25 BCRTA Board of Directors will hold their first meeting immediately following the September 28th AGM.

In Memoriam

Noboru (Nobby) Sakiyama December 10, 1937 – June 30, 2024

Nobby was the first of his family to graduate from UBC, and became a Math and Physics teacher at North Delta Senior Secondary School. Nobby retained life-long friendships with his weekly coffee buddies, friends from university, high school, and elementary school days. It took forever to take even a short walk around Steveston since there were so many friends to visit with. Nobby was delighted to be the Honorary Parade Marshal of the Steveston Salmon Festival in 2017.



Ralph McCuaig December 30, 1944 – July 17, 2024



Ralph lived a long and happy life in which he travelled extensively, taught thousands of students, volunteered in his communities, in addition to flying planes, navigating boats and scuba-diving. He was kind, thoughtful and funny. After teaching in Tsawwassen for 35 years, he moved to Denman Island to enjoy his retirement.

Sadly, we also lost former Delta teachers June Morin and Don Davidson.

My 40-year friendship with the late Ralph McCuaig. – Suzan Egan-Olsen

We met as teachers at South Delta Secondary School. For years, we had neighbouring classrooms with a connecting door, a great source of 'va et vien' between us. We became more than just colleagues as we spent many summers camping in Manning Park. Ralph was a grown-up Boy Scout with many outdoors skills. He is to be admired for his years of sobriety and his willingness to help others achieve the same. He and his partner, Margie Gang, with whom he developed a love of scuba diving traveled the world to enjoy. He was also a small airplane pilot and was master of the waters as well. He recently became a grandfather to Felix, daughter of his only cherished son, Jordan, and his wife. Jordan and his wife are both teachers Ralph and Margie created a beautiful bed and breakfast on Denman Island on the banks of a river with lush forests surrounding it., Once a month, he would call me just to chat. I miss him terribly and will continue to do so.

Change of Address or Circumstance

Email or other change of address? Here's what we need you to do...

Email or call the BCRTA office: office@bcrta.ca Phone: 604.871.2260

Email Membership Chair (Pat Thiesen): deltaretiredteachers@gmail.com



The DRTA welcomes 8 new members bringing our total Membership to 562 with 22 Life Members!

Our newest group of "newbies" includes Karen Annis, Linette Garba, Heidi Hass, Lynette Holt, Andy Lum, and Joanne Syens. (names provided with their permission)

"The strength of the team is each individual member. The strength of each member is the team." – Phil Jackson, famous basketball coach

Book Recommendations for those Rainy Autumn Days

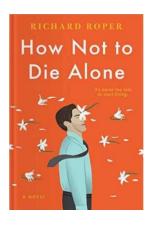
Daisy Jones & The Six by Taylor Reid Jenkins



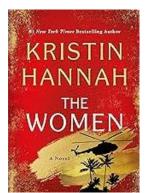
Among the highest rated books in 2019, *Daisy Jones & The Six* is a fun read about the rise and fall of a fictional 70s band. Get drawn into the characters and their story, their lives and well-being along with the decisions they make and especially good as an audio book.

How Not to Die Alone by Richard Roper

Protagonist Andrew's job takes him into the homes of people who have died alone—so he is keenly aware of what a life of loneliness means. He's just not sure how to make his own life less lonely until a friendly new coworker gives him hope. A great read that tackles topics of loneliness, isolation, and taking risks—with a bit of dark humor. #



The Women by Kristin Hannah



The Women, while focused on the experience of women in the Vietnam War, reflects how women have bravely stepped into harm's way but have been dismissed by history. It's also a book about friendship forged through the most difficult of experiences and the courage to fight for yourself.

Other really good reads by Hannah include *Four Winds* and *The Nightingale*.

Before the Fall by Noah Hawley

A private jet flying from Martha's Vineyard to New York City crashes into the ocean. The sole survivors are a young boy who is now the sole heir of his parents' extensive fortune and Scott Burroughs, a down-and-out painter who just happened to catch a ride. The mystery of why the plane crashed unfolds masterfully and keeps you engaged. But the beauty of this book is it's commentary on the consequences of our 24-hour news cycle



and our desperate need to know everything *right away*. With its suspenseful build, this is a great example of a book you just won't be able to put down.

Écrire un poème en français

Écrire un poème en français Se fait assez facilement Beaucoup de participe passé Se termine avec le son "é"

Mangé, marché, parlé, écouté Les activités de tous les jours Se font sans même y pensé Nous avons appris pour toujours

Il est si facile de faire le rhyme Avec les verbes en 'er' Il suffit d'établir un rythme Et décider le nombre de vers

Un bon sujet serait essentiel Pour exprimer de profondes pensées En songeant ce qu'il y a de réel Ou fantasier de sa tête soient créés

L'amour, la peine, le regret, l'espoir Se manifestent du fond du coeur Il ne faut pas rester en désespoir Même pas pour une heure

Je vous laisse maintenant en joie Que je puisse m'exprimer librement Partager votre unique voix Même en Canadien parlement



Writing a poem is dead easy
Just think about things not sleazy
It doesn't have to rhyme
Just be aware of meter time

Some sounds go together quite well Others require a think for a spell It works the brain quite effectively Chasing away a lot of negativity

An interesting subject is a must Such as: 'In God we trust'
It can be a beautiful homage
To all the junk in your garage

So apply pen or pencil to paper
To recount your latest caper
Love, regret, hope or loneliness
Should be the source of your happiness



Let's Get Ready for Another Canucks Hockey Season – Suzan Egan-Olsen

As a Vancouver Canucks fan of some 25 years or so, I didn't mind it when people jumped on the bandwagon. This past Spring, the city of Vancouver was on fire with excitement and encouragement for our talented, determined and unusually victorious men in blue jerseys. I must confess that when I first heard that star goalie, Thatcher Demko, was likely down for the duration of the season, I despaired. A team cannot advance through the playoff series without a hot goaltender. Well, what do you know? Two young men, namely Casey DeSmith and Artus Silovs, who had played against each other in the international arena, were there in his stead. For them to stay that composed under all that pressure is a testament to their character and it translated into outstanding goaltending. It is a toss up to nickname the Canucks as the Come Back team, or Third Period Wonderkids, or Don't Turn Your TV Off Until It's Over. Captain Quinn Hughes must have been black and blue after every game with a rare grimace given the number of body hits he took. Predators, you were eaten by your prey. Sadly, Edmonton picked up a win here but our guys went there and showed them what we were made of: Boeser gets a hat trick in the first period!! We let Edmonton win one at home: the crowd went wild!! Onward to a game 7, down 3-0 going into the third period: a valiant comeback effort, but Edmonton goes through with a 3-2 win! But we so wanted a Canadian team in the Stanley Cup final. In the semi-finals, the Oilers had to now face the Dallas Stars while the NY Rangers would face off against the Florida Panthers. What is it that grips us so much about hockey? A rhetorical question in my view: connection to our communities, loyalty to a cause, healthy competition and a topic of endless conversations with perfect strangers: in other words, the spice of life! If you don't follow hockey or sports in general, you do recognize its place in the public domain. So, hooray for book clubs, poetry circles, painting groups, dance ensembles, choirs, quilting bees, recovery programs, knitting sisters, writing workshops, public speaking practises, prayer meetings, Bible studies, babysitters, all manner of people who meet to improve and share a common interest, skill or hobby and to maintain friendships. If you are a complete loner and private person, we all hope it does not mean despair and loneliness. We are not all social, talkative and extroverted. We must take time to allow the more introverted in our world, a chance to reflect and speak. So much unnecessary conflict and misery in some nations that we must endeavour at all times to give what and when we can, to be kind, understanding and tolerant. In the immediate surrounding of which we have influence, try to be sympathetic at all times. Recent injuries have led me to realize the fragility of one's health and wellness and the amazing kindness of neighbours. And of course, the patience necessary to heal, so many health professionals with advice to follow, admonishments and caution for the future. And by the way, I was delighted that the Panthers won the Stanley Cup for the first time in their franchises' history. Next season is our turn!!

Fun and Games Pages

A. Trivia

- 1. London's Fleet Street is named after what?
- 2. Amritsar is a holy city for the followers of which religion?
- 3. Cab is a shortening of which word?
- 4. Helium belongs to which group of elements?
- 5. How many cards are there in a tarot pack?
- 6. What are the pointed pieces called on a ship's anchor?
- 7. Venetian blinds originated in which country?
- 8. The Spanish Riding School is in which country?
- 9. What is the collective noun for a group of kittens?
- 10. On TV, whose boss was Dr Gillespie?

B. Rhyme Time

Answer each clue below with a pair of rhyming words or rhyming phrase. The numbers that follow each clue indicates how many letters are in each word. (e.g. Created riverbank deposits (5,4) – built silt)

- 1. Unexpected dam problem (5,4)
- 2. Innumerable riches (6,4)
- 3. The hardest colour to see (5,5)
- 4. It's just like all others on the stove (5,6)
- 5. Sufficiently brusque (5,6)
- 6. Captain Kirk's desire (7,4)
- 7. Acrophobia (6,6)
- 8. Big bowl of pasta (6,2,7)
- 9. No flat fish this (7,8)
- 10. What the parents paid big bucks for (7,9)
- **C.** <u>Cryptograms</u> Decipher the code to find the names of animals. It is the same code for each entry.
- 1. TMDDQDQKCLNX 2. TCLXKVY 3. UMQJ 4. FMYCHHV
- 5. YCIIMK 6. LQNJKCMJ FQCK 7. VUVDTCJK 8. QDQXXNL 9. LQQXV
- 10. YTMJQOVYQX

D. Interweave

Re-arrange and distribute the five letters accompanying each row so you form a common ten-letter word.

- 1. BLOAT __U___M0__I_E
- 2. NATAL-__K_LI__I__Y
- 3. DRIFT __A __ S __ GH __ E __
- 4. ACTED __ R __ _ EN __ I __ L
- 5. **S O N J A** ___ U R __ L I __ M
- 6. **AGENT** __ _ CH __ N __ IN __
- 7. **OPERA** ___ **CI**__ **R**__ **C**__ **L**
- 8. AGAIN __ R __ DU __ T__ O __
- 9. **MINCE** __O __PL __T __O __
- 10. BRUTE-_AM__O__IN__

E. Change-a Word

Can you go from one word to the next in as few steps as possible, by changing just one letter at a time? (e.g. to go from COAT to SHOE – coat, coot, soot, shot, shoe – done in 4 steps)

- 1. SAVE TIME
- 2. WOOD LAND
- 3. CALL HOME
- 4. SICK CALL

- 5. LOVE BOAT
- 6. GOOD EATS
- 7. BLUE EYES
- 8. CORN SILK

- 9. BONE MEAL
- 10. OVEN DOOR
- 11. GLAD RAGS
- 12. EVER WOOD

F. Strike Out

Strike out words in the given table according to the instructions. When you have finished, the words that remain in the table will spell out a quote when you read them from left to right and top to bottom.

- 1. STRIKE OUT Mexican food anywhere in the table.
- 2. STRIKE OUT women's names that are also names of flowers in Column D and Row 9.
- 3. STRIKE OUT words containing the same letter three times in Columns A and B.
- 4. STRIKE OUT words that rhyme with "hair" in Column A and Row 8.
- 5. STRIKE OUT musical instruments in Columns D and E.
- 6. STRIKE OUT bodies of water in Column C and Row 7.
- 7. STRIKE OUT makeup in Column D and Row 3.
- 8. STRIKE OUT words containing both "X" and "Y" in Columns B and E.
- 9. STRIKE OUT anagrams of "grande" in Rows 4 and 6.
- 10. STRIKE OUT palindromes that are 3 or more letters long in Columns C and E.

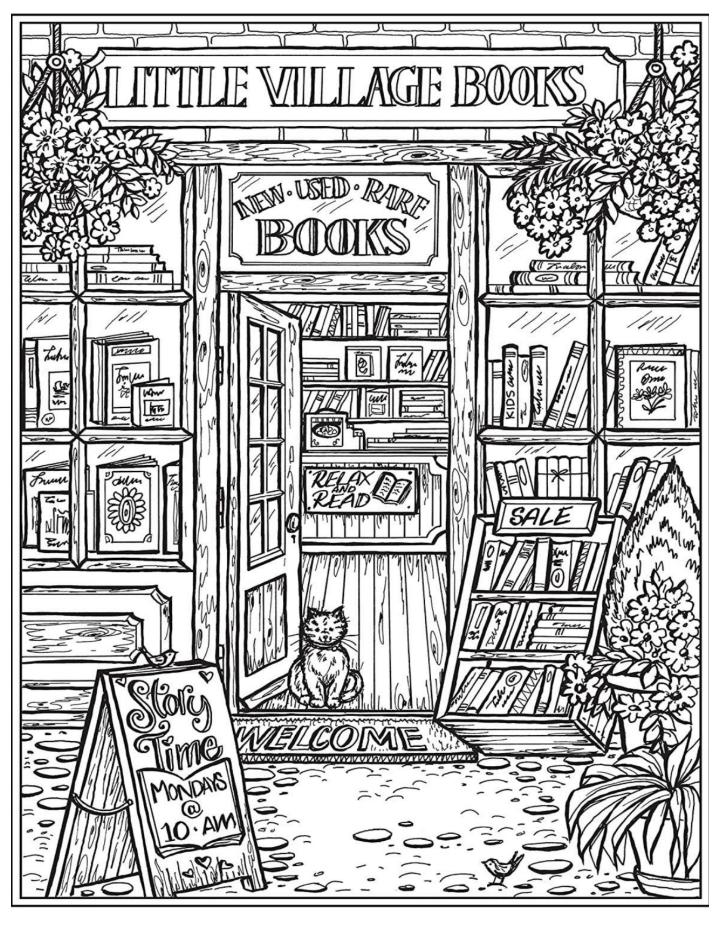
	Α	В	С	D	E
1	BOBBER	X-RAY	RIVER	IRIS	PEEP
2	MARE	PAJAMAS	КАҮАК	POWDER	ORGAN
3	BE	BLUSH	TACO	OBOE	MASCARA
4	GARDEN	SISTERS	Α	RANGED	FIFE
5	HEIR	SEXY	LAKE	LIPSTICK	ROTOR
6	GIGGLE	FOUNTAIN	DANGER	PETUNIA	EXACTLY
7	STREAM	FAJITAS	LEVEL	NOT	BROOK
8	FRIJOLES	DARE	POND	FAIR	Α
9	ROSE	PROXY	DAISY	BURRITO	LILY
10	DRAIN	SUCCESS	CIVIC	FLUTE	PIANO

G. Run the Alphabet - Occupations

From A to Z, how many occupations or professions can you come up with – in 2 minutes!! Fill in the rest when the spirit moves.

A	Н
B	I
c	J
D	K
E	L
F	M
G	N

0	U		_
P	V		_
Q	w		
R	x		
S	Υ		
т			
H. Logical Thinking Situations			
1. Jed owns many forms of transport a total of 24 wheels. How many 4-as many skateboards as cars, and the many does he have of each kind of	wheel and 2-wheel vehi he number of cars equa	cles does he have? If he	has 3 times
2. Mrs. T. doesn't have enough bootextbook, and every 4 people share every person. If she has a total of in her class?	e a music book. She doe	s, however, have a scienc	ce book for
3. Edward's report on animals inclusively anteater, rain frog, spiny lizar temperatures (in Fahrenheit) of 11 match each animal with it body teal a) The frog's body temperature than the lizard. b) The goat's temperature is c) The icefish's temperature	rd, icefish, peewee bird and 2°, 104°, 98°, 80°, 74°, and 100°, 98°, 80°, 74°, and 100°, 98°, 80°, 74°, and 100°,	and goat. He has found be nd 30°. Use the clues belo nteater and the icefish, b out less than the peewee	oody ow to ut less
4. What's the secret number? It is a 3-digit number with al digit. The third digit is 4 more than number is		_	
5. Fill in each chart and state the r			
a) Rule b)			
4 15 10 33	13 I25 7 I 19	4 5 10 33	
7 24	9 1 ???	7124	
21 ???	401???	21 ???	



Autumn Colouring Page – for those who need more relaxation in their lives!!!

Fun and Games - Answers

A. Trivia

- 1. The River Fleet 2. Sikh 3. Cabriolet (a light 2-wheeled one-horse carriage with a folding leather hood, a large rigid shield in front of the seat, and upward-curving shafts which was used as a vehicle for hire in pre-automobile days)
- 4. Inert gases
- 5. 78
- 6. Flukes
- 7. Japan
- 8. Austria
- 9. A kindle
- 10. Dr. Kildare

B. Rhyme Time

- 1. Freak leak
- 2. Untold gold
- 3. Light white
- 4. Metal kettle

- 5. Gruff enough
- 6. Explore more
- 7. Height fright
- 8. Oodles of noodles

- 9. Rounder flounder
- 10. College knowledge

C. Cryptograms – Animals

- 1. Hippopotamus 2. Hamster 3. Lion
- 4. Giraffe
- 5. Rabbit
- 6. Mountain Goat

- 7. Elephant
- 8. Opossum
- 9. Moose
- Rhinoceros

D. Interweave

- 1. Automobile
- 2. Alkalinity
- 3. Farsighted
- 4. Credential
- 5. Journalism

- 6. Enchanting
- 7. Reciprocal
- 8. Graduation
- 9. Completion
- 10. Tambourine
- **E. Change-a Word** Other answers are possible than these suggestions.
- 1. Save, same, tame, time

2. Wood, word, ward, wand, land

3. Call, hall, hale, hole home

- 4. Sick, sack, back, balk, ball, call
- 5. Love, lobe, lobs, bobs, boas boat
- 6. Good, mood, moos, mops, maps, mats, eats
- 7. Blue, flue, flee, alee, ales, ayes, eyes
- 8. Corn, born, barn, bark, balk, bilk, silk
- 9. Bone, bond, band, bead, dead, deal, meal
- 10. Oven, even, eves, eyes, dyes, does, doer, door
- 11. Glad, goad, goat, boat, boas, bogs, bags, rags
- 12. Ever, eyer, dyer, dyes, does, woes, woos, wood
- **F. Strike Out** "Be a fountain, not a drain." from Rex Hudler

H. Logical Thinking

- 1. 1 car, 1 motorcycle, 3 bicycles, 3 skateboards, 4 two-wheel vehicles and 4 four wheelers
- 3. Peewee -112° , goat -104° , anteater -74° , lizard -98° , frog -80° , and, 2. 24 students icefish - 30° 4. Odd 3-digit number is 137
- 5. a) Multiply by 3 and add 3??? = 66
 - b) Add 12 ??? = 31 and 52
 - c) Subtract 11 ??? = 22 and 17