

SPECIAL ISSUE: JANUARY 2022

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[COLA FOR 2022 IS 4.4% - FULL CPI FOR BC RETIREES!](#)

HOT OFF THE PRESS! The BC Teachers' Pension Plan has formally confirmed that the 2022 Cost of Living Adjustment is 4.4%. Arnie Lambert explains why BC retirees are in such a strong position compared to other retirees across Canada.

[READ MORE](#)

TRANSPORTATION SURVEY

The Seniors' Transportation Survey is a joint effort of United Way British Columbia and Better Environmentally Sound Transportation (BEST). Its purpose is to collect information and opinions on how well the existing transportation system is working for those 55 years of age and better.

[TAKE THE SURVEY](#)



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Travel is something we all want to do again! But before you book your tickets, make sure you compare travel insurance plans to get best value. Protect yourself and your loved ones with cost-effective and adequate insurance. Make sure you have the coverage you need.

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